

St Ninian's High School

PSHE Newsletter

Week Beginning 15th August 2018



Focus:

Daily Prayers

- **Standards and Expectations – making the most of the educational opportunities offered and contributing to the well-being of others.**
- **Code of Conduct (School Circular C9).**
- **Pupil Movement (School Circular C10) – PTs should discuss at a DM the times when their corridors are busy and exit and entry procedures from classrooms and labs will require close attention.**
- **Mobile Technology – please ensure the policy is applied in all classes. 'Phones should not be used at the end of class and when moving between classes. I would be grateful if PTs would discuss this matter with colleagues. This is particularly the case when supervising the exit and entry into your corridors areas and class rooms / labs.**

All S4, S5 and S6 pupils who have signed up to a vocation course for this school year must attend a meeting in the Lecture Theatre Period 1 on Friday 17th August.

Mental Health Awareness – Follow SAMH on Twitter
@SAMHtweets

“Physical activity has been proven to have a positive impact on Mental Health and physical wellbeing.

Get involved with Scotland’s Mental Health Charter for Physical Activity and Sport by following the link from their Twitter page.”

Follow the 5 Ways to Better Wellbeing:

- 1. Connect***
- 2. Be Active***
- 3. Take Notice***
- 4. Learn***
- 5. Give***

For more information follow the hyperlink

S1

Until the 24th August S1 pupils will receive their lunch from 12.10pm

Induction Slides

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

S2

Induction Slides

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

S3

Induction Slides

Work Experience forms must be returned ASAP!!!

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

S4

Induction Slides

Urdu Class for Nat 5 and Higher begins Friday 25th August. Please make those concerned aware of this.

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

S5

Induction Slides

Urdu Class for Nat 5 and Higher begins Friday 25th August. Please make those concerned aware of this.

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

S6

Induction Slides

Heriot Watt University Open Days

Saturday 29 September

Friday 26 October

Those interested in Textiles and Design, there will be a separate open day at the Scottish Borders Campus in Galashiels Friday 12 October and Friday 16 November (10am to 4pm each day).

Pupil Council Nominations to be completed ASAP. Please forward names to year head.

My World of Work

S6 Service – encourage pupils to sign up to volunteering opportunities that are on offer throughout the year

T. Low