Lesson	Lesson Focus	HWB Experience and Outcome Focus	Capacity Focus	Literacy Focus	Numeracy Focus	ICT Focus	Citizenship Focus	Benchmarks	I Can Statement
1	Introduce • Grip of racket • Court lines • Equipm ent • Rules	Apply skills with accuracy and control (HWB 3-21a) Select appropriate equipment (HWB 3-21a)	Successful learners - learning the correct protocol	Vocabulary of terms	Measuring dimensions of court	N/A	Pupils can follow and understand the rules of the game.	Gross and Fine Motor Skills Performs specialised movement skills/techniques with precision in practice and performance environments e.g.	 <i>I can</i> Serve the shuttle to start a rally. Hold the racquet using both the forehand and headward and
2	Basic skills Keepie ups Foreha nd / backha nd Scoopi ng the shuttle	Apply skills with accuracy and control (HWB 3-21a) Select appropriate equipment (HWB 3-21a)	Confident individuals – evaluating fitness levels Successful learners – understandin g set protocols	Can recognise good performance and evaluate what makes a good backhand/for ehand.	Count the number of keepie ups.	N/A	Pupils work in pairs supporting each other.	sprint forward, trap ball, pass and move to support possession. Transfers skills learned in one performance environment to a different performance environment e.g. overarm throw /overhead shot in badminton. Uses eye/hand and eye/foot coordination as part of skilful performance.	 backhand grips. Track and hit the shuttle above my head. Hit the shuttle away from my opponent.
3	Introduce serving High serve Low serve Flick serve Body positio ning Rallies with a partner	Analyse own and others conduct (HWB 3-23a) Apply skills with accuracy and control (HWB 3-21a)	Confident individuals - developing confidence within the skill Successful learners - learning the correct techniques	Can discuss and answer questions on how and why the high/low serve is performed.	Understand the trajectory of the shuttle during the high and low serve.	Using task card to identify preparat ion/acti on and recovery for the shot.	Work with partner and relay feedback back to them using success criteria on the task card.		 Select the correct shots to play to move my opponent. Practice and refine the skills I have learned. Select the appropriate task to develop my skill level.

								Decision Making	
4	Recap on serving Introduce overhead clear	Modify, adapt and refine previously learned skills (HWB 3-22a)	Confident individuals - developing confidence within the	Can discuss the preparation and action of the shot.	Understand how power effects distance.	Using task card to identify preparat	Work with partner and relay feedback back to them using success	Takes responsibility for decisions under pressure that leads to improved performance.	
	 Body positio n Racket positio n 		skill Successful learners - learning the correct techniques			ion/acti on and recovery for the shot.	criteria on the task card.		
5	Continue overhead clear • Body positio n • Racket positio n	Modify, adapt and refine previously learned skills (HWB 3-22a)	Effective contributors – contribute to class discussions Successful learners – link and perform skills under pressure	Can describe what the shot looks like, when it should be played and why.	Understand how power effects distance.	Using task card to identify preparat ion, action and recovery for the shot.	Work with partner and relay feedback back to them using success criteria on the task card.		
6	Focus on movement Recap on service & overhead shots		Successful learners – develop fitness level to help performance Effective contributors – discussions with peers/teache r	Can discuss how movement or lack of it can affect the game.	Calculate pulse rate to identify how hard you have been working.	Using timers to calculate heart rate.	Using equipment safely.		

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7	Introduce drop	Apply skills	Responsible	Can explain	Able to	Use	Working in	
	shot	with accuracy	citizens –	how the shot	identify	white	pairs to	
	later to 1/ sound	and control	taking out &	is performed.	when your	board to	support others	
	Intro to ½ court	(HWB 3-21a)	organising		opponent is	identify	learning.	
	singles & rules		equipment		a far	court		
	 Rally 	Understand			enough	marking		
	points	how to work	Successful		distance	s and		
	 Winner 	effectively with	learners –		away for	what		
	serves	a partner (HWB	learning		the shot to	areas		
	 Lines 	3-23a)	correct		be	are		
	of		techniques		effective.	in/out		
	court					during		
						service		
						and		
						open		
						play.		
8	Introduce	Apply skills	Successful	Discuss and	Understand	Use flip	Working in	
	smash	with accuracy	learners –	explain why	how	cams to	pairs to	
		and control	correct	the shot is	transfer of	identify	support others	
		(HWB 3-21a)	techniques	used and how	weight	strength	learning.	
			performed in	to disguise it.	generates	s and		
		Understand	games		power and	weaknes		
		how to work			speed.	ses in		
		effectively with	Effective			perform		
		a partner (HWB	contributors			ance.		
		3-23a)	 working 					
			together as					
			part of a					
			team					
	Continue	Modify, adapt	Confident	Explain why	Understand	Use flip	Use equipment	
9	developing drop	and refine	individuals –	disguising	the	cams to	safely and for	
	shot & smash	previously	develop	overhead	differences	identify	the purpose	
		learned skills	individual	shots is	in the	strength	asked. Using	
		(HWB 3-22a)	performance	important.	trajectory	s and	the flip cams to	
					of the	weaknes	show what was	
		Apply skills	Confident		shuttle	ses in	successful	
		with accuracy	individuals –		during the	perform	about	
		and control	performing		smash and	ance.	performance.	
		(HWB 3-21a)	strengths		the drop			

	backhand shots Introduce umpiring 1 / 2 court singles	and undertake a variety of roles and responsibilities (HWB 3-23a) Engage in physical challenging experiences (HWB 3-22a) Apply skills with accuracy and control (HWB 3-21a) Apply leadership skills (HWB 3-23a)	contributors – work as part of a team Confident individuals – develop communicati on skills Successful learners – perform all skills in competitive environment & understand the rules	backhand shots should be used and why it is useful to play shots to opponents backhand side.	track of scores during the game of badminton		rules of the game to ensure games are fair.	
13	Begin class ladder tournament Teacher should encourage • Rules • Decisio n making • Shot selecti on • Correct techniq ue • Move	Develop appropriate decision making and problem solving skills through analyzing, evaluating and applying (HWB 3-21a) Engage in physical challenging experiences (HWB 3-22a)	Effective contributors - contribute own strengths to the team Confident individuals – develop individual performance Successful learners – perform all skills in	Can identify and discuss their strengths and weakness within their performance in each game.	Being able to calculate scores.	Using the ladder tournam ent system on the board.	Umpiring games to enforce the rules of the game to ensure games are fair.	

Image: Normal courtmentcompetitive environmentcompetitive environmentcompetitive environmentcompetitive environment• Umpiri ngSkills and strategies (HWB 3-21a)skills and strategies and discussSkills and strategies to calculate theirSkills strategies and discussSkills and discussSkills to calculate scores.Using the games to tournam ent sores.Umpiring the games to tournam ent scores.14Continue class ladder tournamentDevelop decision strengths to solving skills the team, work analyzing, together analyzing, togetherCan identify and discuss their scores.Being able to calculate scores.Using the games to tournam ent system on the board.Umpiring the games are fair.Image: Skills applying (HWB applying (HWB boardConfident individuals - develop Engage in individual physicalConfident individual performanceUsing to and discuss their scores.Using the games are fair.14Continue - solving skills through applying (HWB boardConfident individuals - develop Engage in individual physicalCan identify the the the
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challenging
(HWB 3-22a) learners –
perform all
Select and skills in
apply competitive
movement environment
skills and
strategies
(HWB 3-21a)
15 Continue class Engage in Responsible Can identify Being able Using Umpiring
ladder physical citizens – set and discuss to calculate the games to
tournament & challenging up their scores. ladder enforce the
assessment of experiences equipment, strengths and tournam rules of the
performance (HWB 3-22a) warm-up weakness ent game to ensure
with team, within their system games are fair.
Appreciate and select role performance on the

celebrate	within team	in each game.	board.	
personal				
success and	Successful			
that of others	learners –			
(HWB 3-24a)	demonstrate			
	improvement			
Experience	s to			
achievement in	performance			
physical activity				
on a daily basis				
(3-25a)				