

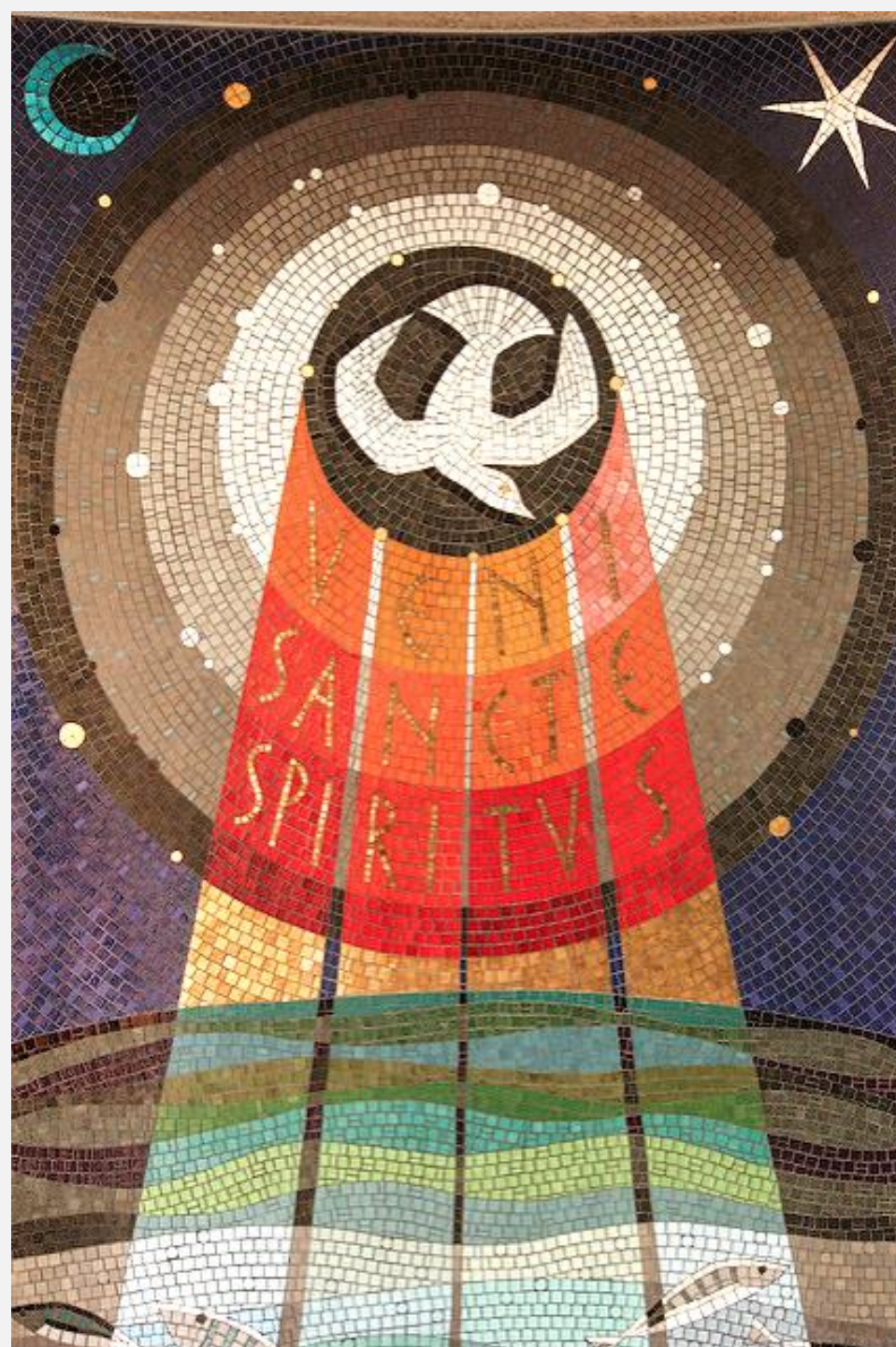
# This Sunday (19<sup>th</sup> May) is Pentecost Sunday.

It is known as the birthday of the Church, the day when the Apostles received the Holy Spirit and were ready to give the Good News to the world.

It is a time of celebration of The Spirit and a time for renewal.

We ask God to send His Spirit of love in our hearts and inspire us in our actions today and always.

***‘Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.’***



Veni Sancti Spiritus

St. Aloysius Somers Town  
London



Week beginning 13<sup>th</sup> May  
Prayer Theme of the week:  
**Pentecost**

*“When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting.”*

Acts 2

# Monday- Let us begin: 'In the name of the Father...'

Today is the Feast of Our Lady of Fatima.

This Feast was established in 2002. Fatima (Portugal) is a pilgrimage shrine dating from the 1917 apparition of the Virgin Mary to three shepherd children. This Feast reminds us to pray to the Virgin Mary by saying the rosary, and praying for world peace.



## Worship: Prayer

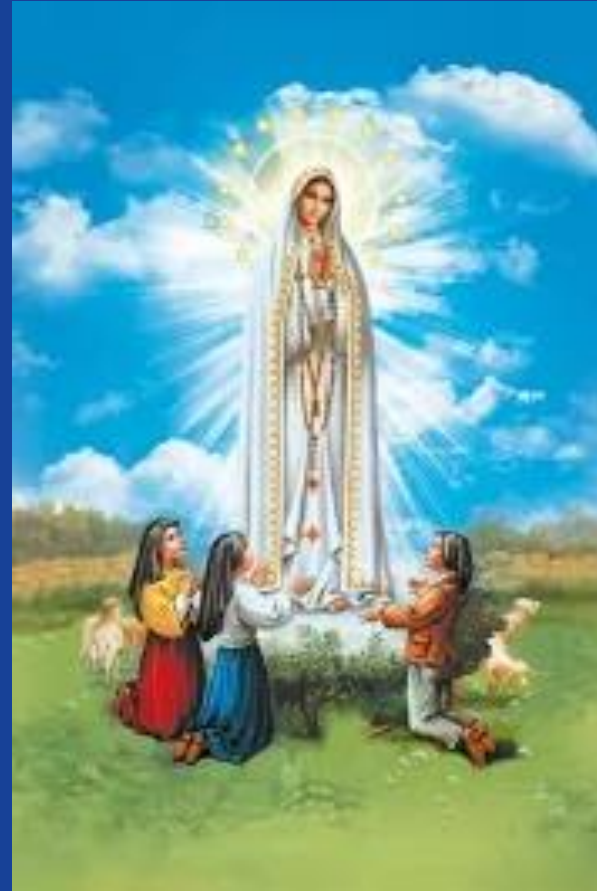
Let us say the Hail Mary together...

## Witness:

Reflect on all those who are suffering across our world

**Our Lady of Fatima, Pray for us!**

**St Ninian, Pray for us!** 'In the name of the Father...'



Prayer Theme of the week:  
**Pentecost**



**All of them were  
filled with  
the Holy Spirit!**

**Acts 2.4**

Tuesday- Let us begin: 'In the name of the Father...'

**Word:** *"When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting." Acts 2*

## Worship: Prayer

Give us the confidence to challenge injustice  
And to nurture the flame of justice until it burns brightly  
And may the Spirit of justice and community  
Accompany you and light your way

May this Spirit move you, heal you,  
Guide you and challenge you  
Call you to action and to prayer  
May this passion for justice burn through you and in you  
And may it warm the hearts of those around you  
Encouraging hope and overcoming fear.  
Amen

## Witness:

Reflect on the joy you have experienced today and take time to thank God for it.

**St Ninian, Pray for us!** 'In the name of the Father...'



# Prayer Theme of the week: Pentecost



Wednesday- Let us begin: 'In the name of the Father...'



**Word:** *“When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting.” Acts 2*

## Worship: Prayer

Breathe in me O Holy Spirit  
that my thoughts may all be holy;  
Act in me O Holy Spirit  
that my works, too, may be holy;  
Draw my heart O Holy Spirit  
that I love but what is holy;  
Strengthen me O Holy Spirit  
to defend that is holy;  
Guard me then O Holy Spirit  
that I always may be holy. Amen

## Witness:

Do you know the gifts of The Holy Spirit?

**St Ninian, Pray for us!** 'In the name of the Father...'

# Prayer Theme of the week: Pentecost







Thursday- Let us begin: 'In the name of the Father...'

**Word:** *"When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting." Acts 2*

## Worship: Prayer

Almighty and ever-living God,  
you fulfilled the Easter promise  
by sending us your Holy Spirit.

May that Spirit unite the races and nations on earth  
to proclaim your glory.

Grant this through our Lord Jesus Christ, your Son  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. Amen.

## Witness:

How might you communicate God's message in your actions today?

**St Ninian, Pray for us!** 'In the name of the Father...'



# Friday- Reflection this week: Prayer for all those taking exams

- This time of year is very busy for those taking exams.
- We remember them in our prayers, that they are able to prepare well, perform on the day and not feel the weight of the stresses that can come from this time.
- Challenge: Is there something you can do to help and support someone who is taking exams?



St Joseph of Cupertino is the Patron Saint of students and exam takers.



Thursday- Let us begin: 'In the name of the Father...'

**Word:** *"When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting." Acts 2*

## Worship: Prayer

Almighty and ever-living God,  
you fulfilled the Easter promise  
by sending us your Holy Spirit.

May that Spirit unite the races and nations on earth  
to proclaim your glory.

Grant this through our Lord Jesus Christ, your Son  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. Amen.

## Witness:

How might you communicate God's message in your actions today?

**St Ninian, Pray for us!** 'In the name of the Father...'



## Prayer for Exam Takers

Lord, as I face into examination time,

I turn once more to you, asking for your blessing and assistance.

I ask you to give me peace of mind with a strong sense of work at this time.

May I give myself space and time to revise and prepare to sit my examinations.

Help me to keep focused on this task and not get too distracted by other aspects of my life.

Keep me from getting into a panic and help me to do justice to all my work and preparations.

On the days of my examinations, keep me calm, help me to think clearly, and understand what I'm being asked, and so to recall the study and work that I have put in this past year.

Above all, Lord, I ask that you will allow my efforts to bring about the life you have planned for me.

May I be open to your vision of what you wish for me and may I accomplish this now and in my future life.

Amen.