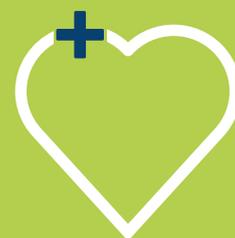


HEAR THEIR CRY RESPOND IN LOVE



SECONDARY TEACHERS' NOTES AND CLASSROOM ACTIVITIES

www.sciaf.org.uk/weebox



**WEE
BOX**

Big change

£1 = £2

Matching your
donations with



This year, your £1 = £2. Give before 20th May and all public donations to our WEE BOX BIG CHANGE appeal will be doubled by the UK government.

Your donations will help SCIAF's life changing work around the world, with matched funding from the UK government transforming the lives of women affected by violence in the Democratic Republic of Congo.

WHAT'S IN THIS RESOURCE?



Within this resource you'll find classroom activities specific to TIOF Experiences and Outcomes (Es&Os), with other Es & Os referenced. Activities and information within this document will help your school connect with the work of SCIAF and in particular our work in the Democratic Republic of Congo (DR Congo).

We encourage you to use the rest of the DVD-ROM which contains prayer resources, fundraising ideas, an assembly PowerPoint presentation and videos.



Please tweet your activities to @sciaf #WEEBOX to share what you're doing.

If you'd like a visit from a SCIAF speaker to lead lessons, workshops, or speak at assemblies, please call us on **0141 354 5555** or email **schools@sciaf.org.uk**

By uniting to end poverty, we will continue to help our sisters and brothers in most need and live out 1 John 3:16-17.

"If anyone is well-off in worldly possessions and sees his brother or sister in need but closes his heart to him, how can the love of God be remaining in him? Children, our love must be not just words or mere talk, but something active and genuine."

Please use the prayer resources on the DVD-ROM in conjunction with the classroom activities.

Thank you,

Elaine McGinlay and Mark Booker
Development Education Team

THE DEMOCRATIC REPUBLIC OF CONGO (DR CONGO)



The DR Congo is a beautiful country, rich in natural resources including gold and diamonds. It is potentially a very wealthy country but instead, because of conflict, it's one of the poorest in the world.

The recent war has left over six million people dead and many more injured, traumatised, impoverished, and displaced. Over the last 30 years the conflict has changed from a civil and regional war, to a battle for the country's huge mineral wealth. Yet what remains constant is the many thousands of women and girls who continue to be left brutally injured, isolated and in urgent need of our prayers and practical help.

HOW WELL DO YOU KNOW THE DR CONGO?

1. What is the Capital of DR Congo?

- Addis Ababa, **Kinshasa**, Cairo, Juba
(second largest French speaking city in the world)

2. How many countries border the DR Congo?

- 4, 5, 7, **9**
(Central African Republic, Republic of Congo, Rwanda, South Sudan, Tanzania, Uganda, Zambia, Angola, Burundi)

3. What is the population of DR Congo?

- 25 million, 65 million, **85 million**, 95 million

4. What is the official language of DR Congo?

- Spanish, **French**, Swahili, English

5. What is the majority religion?

- **Christianity**, Islam, Hinduism, Kimbanguist
(Varying sources put Christianity at a level of between 70 to 90%. These figures include Roman Catholic, protestant and 'other')

6. How much of the population are without electricity?

- 39 million, 49 million, 59 million, **69 million**

7. Mount Stanley/Mont Ngaliema is the highest point in DR Congo. How high is it?

- 3,500m, 4,210m, **5,110m**, 5,450m

8. DR Congo has the second longest river in Africa. What is it called?

- Nile, **Congo**, Zambezi, Ubangi

*You can also play this quiz on Kahoot www.kahoot.com by searching for 'SCIAF WEE BOX DR Congo quiz'.

SCIAF IN DR CONGO

We have been working with four different partners (three are part of the Archdiocese of Bukavu) in DR Congo promoting women's rights and gender equality since 2006. A lot of our work (that is not intended to be shared in detail with children but for your information) is with survivors of sexual violence. We're working to provide urgent medical care, trauma counselling, legal aid and help for survivors to recover and rebuild their lives.

Over the next three years we will help 4,000 women affected by sexual violence in the Democratic Republic of Congo to get the support they need to recover and start rebuilding their lives in the long term.

You will find suitable resources that can be shared with children and young people on the following pages.



FR JUSTIN ON SCIAF IN DR CONGO

"There was war that lasted for more than twenty years, a war that has destabilised our whole region. Everything was destroyed, the environment, many displaced families, many dead. In this difficult context, the Church is giving hope. The Church constitutes a great moral strength in the region. The Church has played a great role, the Church has been the Good Samaritan.

SCIAF came here to help us. SCIAF was there first for a programme of peace building. SCIAF was there when we wanted to help survivors of violence, especially the sexual violence programme. SCIAF worked with us in the 'Listening Rooms' to help people in a holistic way and for them to regain their lives and their autonomy.

The people of Scotland are the people that we should congratulate. They have helped us a lot through SCIAF. We thank them in the name of all those we help. I am really thankful to them. We have to keep communion between churches so that we can continue to work together."

Fr Nkensi Justin



MEET SYLVIA AND HER FAMILY



Sylvia is one of the women featured on your WEE BOX this year.

Sylvia is 41 years old and lives in a small village in DR Congo. She lives with her youngest daughter, Christina, who is 13 years old. Sylvia also looks after her grandsons, Jude and Daniel (who are the sons of Sylvia's oldest daughter, Charlene). Jude is four years old and Daniel is 18 months old.

When fighting broke out in Sylvia's village she was kidnapped by soldiers and forced to leave behind her family and the home she had lived in all her life.

Sylvia told us,

"I had been looking for food in the field. They stopped me - I was so afraid I couldn't move. Others were carried away. Those who ran were shot. They made me walk and they hit me on the back with the butt of their guns. I left everything."

After four long years she was able to escape. She walked for over a month to get back home to her village.

"I escaped. I said I was going to fetch water. [They] knew I was very far from home so thought I wouldn't leave. All the time I was away I was thinking about my family. I walked on foot for one month with no food. My feet were very swollen."

When she returned home, Sylvia received help from SCIAF. She was given seeds, tools and training to start a small vegetable patch to grow her own food. She grows amaranth (which is like spinach). Sylvia was also given counselling to help her talk about her feelings, and help her recover from her experience of being kidnapped. Now Sylvia is living a much happier life and is able to provide for her children and grandchildren.



With the profit she makes from selling her vegetables, beans and flour at market Sylvia can now pay for Christina to go to school.

Sylvia is incredibly grateful for the help she has received from SCIAF, but she knows of others in need.

"There are many other people who really need help."

We wouldn't be able to provide help and support for people like Sylvia in DR Congo, and around the world, without your fundraising and awareness raising during Lent.

The women and girls of DR Congo desperately need your support.

Please respond with compassion, prayer and practical help this Lent.

CLASSROOM ACTIVITIES

The activities outlined below will cover a number of Es & Os within the TIOF Core Learning 3-20/21 for S1 and for S3 4-20 but others will be referenced also. You may be directed to other folders on this DVD-ROM for videos and prayer resources to be used within the lesson activities.



SUCCESS CRITERIA

- I have deepened my knowledge of the work of SCIAF and I know what I can do to support them.
- I can recall the events of Mark 1:21-45 and Jesus' actions through his compassion.
- I have responded to opportunities to pray for people suffering from injustice.
- I know the meaning of the word 'compassion' and have had the opportunity to show compassion in the act of charity.

STEP 1

Introduce the work of SCIAF by using the PowerPoint provided (WEE BOX Secondary) in the Classroom activities folder. The first 5 slides will give a good foundation to build on as we don't want to assume that the pupils have an in-depth knowledge of SCIAF's work. Notes on the presentation will help deliver the slides.

STEP 2

Visit the Kahoot website and search for 'SCIAF WEE BOX DR Congo quiz'. By playing the quiz with your class you will introduce the pupils to the Democratic Republic of Congo (DR Congo). If you don't have access to Kahoot, you can use the quiz on page three of this pdf and read out the questions.

STEP 3

Use the WEE BOX video (Video section on DVD-ROM) to share, in a little more detail, how SCIAF are making a difference in a difficult situation.

STEP 4

It's hard not to feel any compassion when we hear and see stories where people are suffering and face oppression and injustice. But why is compassion and the act of charity essential to Christian living? The following activities will help the pupils to look at what the word 'compassion' means and also look at Jesus' life and how he responded, with compassion, to a number of people in the Gospel of Mark Chapter one.

Refer back to the 'WEE BOX Secondary' PowerPoint and put up the next slide. It should read 'What is compassion?' Ask the pupils to give examples of what compassion looks like in practice? After a time of feeding back some answers, show the dictionary definition on the next slide. Explain that compassion is more than a dictionary definition. It moves people to go out of their way to help others.

Using the class Bibles (Mark 1:21-45) or by printing the piece of Scripture (provided in this pdf), ask the pupils, in small groups, to read the passage and list the ways that Jesus responds in compassion to the people he meets. Please make the point that it is in compassion that Jesus responds and not for self-seeking affirmation to further his 'celebrity' appeal. Jesus was concerned for these people in their suffering and wanted to help. After some time, ask the pupils to feedback their list.

You may like to point out (unless the pupils do so in their feedback) that:

1. Jesus' compassion was for spiritual suffering as well as physical. Verse 38 states that Jesus was moved by compassion to preach as well as heal.
2. Jesus didn't want to be known as a magician or celebrity icon known for healing. He told the man healed of leprosy not to tell anyone about what had happened.

The pupils should make the connection that our acts of compassion are not to be done out of personal gain but out of concern for those in need.

HOW CAN YOU RESPOND?

There are many ways to respond with compassion to the needs of others and we have the privilege of responding through prayer as well as sharing what we may have materially.

- Use the reflection video as a prayer to conclude this session with your pupils.
- Take part, as a school in the 'SCIAF Day of Prayer' on the 12th March (Resources found in the 'Prayer resources' folder on the DVD-ROM).
- Join together with the wider school and fundraise to help more women like Sylvia who have suffered from violence and oppression.



MASS IN THE DR CONGO

We know that attending Mass is both a privilege and an obligation for Catholics. According to Vatican figures (Census of the 2017 Annuario Pontificio) there are over 1.2 billion Catholics globally, many of whom attend the celebration of Mass in various different types of Church buildings and with varying cultural differences.

About 50% of Congolese practice Roman Catholicism. **Please share the PowerPoint presentation in the 'Classroom activities' folder entitled 'Mass in DR Congo'** This activity will make reference to TIOF Es & Os, rather than cover them. The PowerPoint is timed and is backed with music

MARK 1:21-45

“They went as far as Capernaum, and at once on the Sabbath he went into the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. And at once in their synagogue there was a man with an unclean spirit, and he shouted, ‘What do you want with us, Jesus of Nazareth?’

Have you come to destroy us? I know who you are: the Holy One of God.’ But Jesus rebuked it saying, ‘Be quiet! Come out of him!’ And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking one another what it all meant, saying, ‘Here is a teaching that is new, and with authority behind it: he gives orders even to unclean spirits and they obey him.’ And his reputation at once spread everywhere, through all the surrounding Galilean countryside. And at once on leaving the synagogue, he went with James and John straight to the house of Simon and Andrew.

Now Simon’s mother-in-law was in bed and feverish, and at once they told him about her. He went in to her, took her by the hand and helped her up. And the fever left her and she began to serve them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were sick with diseases of one kind or another; he also drove out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house and went off to a lonely place and prayed there.

Simon and his companions set out in search of him, and when they found him they said, ‘Everybody is looking for you.’ He answered, ‘Let us go elsewhere, to the neighbouring country towns, so that I can proclaim the message there too, because that is why I came.’ And he went all through Galilee, preaching in their synagogues and driving out devils. A man suffering from a virulent skin-disease came to him and pleaded on his knees saying, ‘If you are willing, you can cleanse me.’ Feeling sorry for him, Jesus stretched out his hand, touched him and said to him, ‘I am willing. Be cleansed.’ And at once the skin-disease left him and he was cleansed. And at once Jesus sternly sent him away and said to him, ‘Mind you tell no one anything, but go and show yourself to the priest, and make the offering for your cleansing prescribed by Moses as evidence to them.’ The man went away, but then started freely proclaiming and telling the story everywhere, so that Jesus could no longer go openly into any town, but stayed outside in deserted places. Even so, people from all around kept coming to him.”

Scottish Catholic International Aid Fund

SCIAF is the official overseas aid and development charity of the Catholic Church in Scotland and a proud member of the Caritas family. 7 West Nile Street, Glasgow G1 2PR. Tel: 0141 354 5555. Scottish Charity No: SC012302. Company No: SC197327. Photos: Angela Catlin.