

# LUNCH HERO LEO COMPETITION



**The school catering service is continually looking for new lunch items that can be enjoyed by all children and young people. **The Lunch Hero Leo** competition is our new promotion to help us with menu options**

The competition is to ask primary pupils to put forward a new recipe idea for 'HOT OPTION 1' that could be included as part of our Lunch Hero is on 5th June 2026

The top three recipes will be tested by the active schools club during Easter Holidays and will receive a certificate and prize

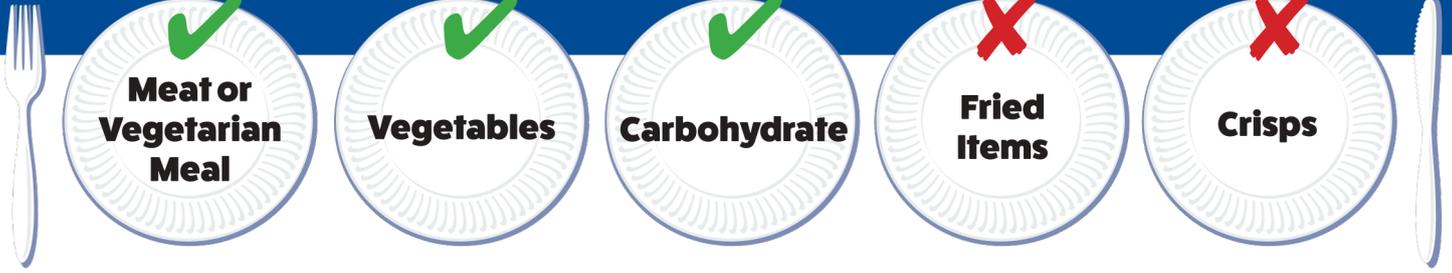
Our Lunch Hero Leo mascot will attend the school of the winning recipe on the 5th June

All pupils will receive a Lunch Hero Leo sticker if they select the winning recipe on the day for their lunch

The challenge is to make sure all recipes must fit within the School Food Standards [www.gov.scot/publications/healthy-eating-schools-guidance-2020/pages/4/](http://www.gov.scot/publications/healthy-eating-schools-guidance-2020/pages/4/) across the school week.

All submission to be returned to your school catering manager either via paper or to the kitchen email address: [facilitiesmanagement@eastrenfrewshire.gov.uk](mailto:facilitiesmanagement@eastrenfrewshire.gov.uk) by 27<sup>th</sup> of March 2026.

TO QUALIFY THE FOLLOWING MUST BE CONSIDERED  
WHEN PUTTING YOUR RECIPE TOGETHER:



# East Renfrewshire Recipe Book

## RECIPE - PORTIONS

Blank area for recipe portions.

## METHOD

Blank area for recipe method.

## ALLERGY INFORMATION

Blank area for allergy information.

## SCHOOL FOOD STANDARDS CHECK

Meat or Vegetarian Meal Y / N

Vegetables Y / N

Carbohydrate to be included Y / N

Fried Items Y / N

Crisps Y / N

