

## Dear parents and carers

You may have seen recently that "The National Society for the Prevention of Cruelty to Children" (NSPCC) are running a kindness challenge week in October. Here at Netherlee, we embrace the idea of kindness to all and therefore we are having a "Kindness Day" throughout the school and nursery on Monday the 20<sup>th</sup> of October. This will involve children, staff and hopefully some parents, carers and grandparents.

Throughout the whole day we will be involving the pupils in class based kindness activities. Each stage is also going to work with either another stage or group to do a slightly bigger challenge at some point during the day. For example:

- > Some P1 and P7 classes will be designing and reading stories to each other
- Some of the P7 classes will be venturing over to the nursery and teaching them games and reading with them – we're sure the nursery children can show the P7s some new games too!
- P3 and P6 are teaming up to write Kindness comic strips and stories which will be shared in school and some on our website
- Nursery children will be exploring books, stories and puppets about kindness and friendships and continuing with their exploration of the values in the nursery setting
- > P4 are painting Kindness stones with positive affirmations, which they hope to leave in safe locations around the local area and/or Linn Park to make people smile
- A P2 class and a P7 class are also teaming up to write kindness stories together and have shared storytelling
- > Some of the Netherlee musicians are going to wow the residents at the local care home with some beautiful tunes
- > P5 are inviting in grandparents and parents/carers who can make it in to school to share a fun hour of 'old fashioned gaming' with them getting the board games out together!

We hope this will be a lovely relaxing day with the emphasis on being kind to each other... not just that day but all the time.

If you have any further suggestions for kindness activities please email in to the school address – we would love to get some other ideas too.

Kind regards
Julie Roberts DHT



