



Netherlee Nursery Class

Sun Safe Policy



Too much exposure to ultraviolet light (UV) radiation from the sun, causes sunburn, skin damage and increases the risk of skin cancer. **If the UV is 3 or above children who consent will be required to have sun screen applied.** Babies and young children have thinner, more delicate skin than adults, and because of this, their risk of getting sunburn is much higher. *(Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer)*

Objectives

- To provide an environment that enables children and staff to stay safe in the sun.

Methodology

- Parents are required to complete a consent form for sun cream application and supply their own child's sun cream
- Parents of children that attend the session should apply sun protection to their child at home before coming to nursery each day.
- Staff will assist in re-applying sun cream to the children after lunch or when required, noting children's individual consent, medical, and allergies.
- It is recommended that sun screen is applied 20/30 minutes prior to sun exposure and reapplied at regular intervals throughout the day.
- Sun cream should be clearly labelled with the child's name and the date of expiry. Sun cream should be used within the expiry recommendation on bottle or returned to parent.
- To minimise the risk of cross infection staff will wash their hands between applying each child's sun cream.
- Staff will ensure appropriate application of sun cream especially to facial area.
- All children should also wear a suitable sunhat when playing outside. This should be supplied by the parent/carer.
- Staff will ensure that areas of shade are available to the children during outdoor play. Children will be encouraged to use shaded areas when appropriate during outdoor play. Staff will role model this good practice.
- Children will be encouraged to increase their water intake in hot weather and drinking water will be available during outdoor play.
- Staff will also practice safety in the sun wearing sun cream etc. to act as good role models.
- If parents do not want staff to apply sun cream, they must provide notice in writing. The child can still participate in outdoor play only if wearing long sleeves and a sun hat.