

Regardless of how much money you owe, if you're worried about debt, help is available. The earlier you get advice, the more options may be available to you, but it's important to know you're never too late to get help. Millions of households across the UK struggle with debt, you're not on your own.

## Where can I get help?

East Renfrewshire Council Money Advice and Rights Team

Email: mart@eastrenfrewshire.gov.uk

Telephone: 01415778420

Website: www.eastrenfrewshire.gov.uk/money-advice-and-rights

East Renfrewshire Citizens Advice Bureau

Money Advisers can be contacted on 07917 853335, 07901 607309 or 0141 881 2032

## What help is available?

- Identify and prioritise your debts
- A full benefit check can be carried out to ensure you're getting everything you're entitled to
- Impartial advice can be offered even when legal action has already been taken against you
- Advice on what options are available to you based on your circumstances and help set up a debt option
- Help to assess if you are liable for the debt in your name
- Negotiate with and contact creditors on your behalf
- Help you to get breathing space from your creditors.

## FOR FURTHER SUPPORT, VISIT:

www.eastrenfrewshire.gov.uk/cost-of-living-support or scan the QR code:

