



Netherlee Nursery Class

Sun Safe Policy



Too much exposure to ultraviolet light (UV) radiation from the sun, causes sunburn, skin damage and increases the risk of skin cancer. **If the UV is 3 or above children who consent will be required to have sunscreen applied.** Babies and young children have thinner, more delicate skin than adults, and because of this, their risk of getting sunburn is much higher. *(Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer)*

Objectives

- To provide an environment that enables children and staff to stay safe in the sun.

Methodology

- Parents are required to complete a consent form for sunscreen application.
- Parents should supply their own child's suncream.
- Parents of children that attend the session should apply sunscreen to their child at home before coming to nursery each day.
- Staff will assist in re-applying suncream to the children after lunch or when required, noting children's individual consent, medical, and allergies.
- It is recommended that sunscreen is applied 30 minutes prior to sun exposure and reapplied at regular intervals (3 hours) throughout the day.
- Sunscreen should be clearly labelled with the child's name and the date the sun screen was opened on the front. Sunscreen should be used within the expiry recommendations on bottle.
- Staff will ensure good hygiene practice at all times wearing correct PPE (disposable gloves), changing gloves between each child to minimise the risk of cross infection.
- Staff will ensure appropriate application of sunscreen, especially to the facial area.
- All children should also wear a suitable sunhat when playing outside. This should be supplied by the parent/carer.
- Staff will ensure that areas of shade are available to the children during outdoor play. Children will be encouraged to use shaded areas when appropriate during outdoor play. Staff will role model this good practice.
- Children will be encouraged to increase their water intake in hot weather and drinking water will be available during outdoor play.