

WEEK 1

4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7, 15/8, 5/9, 26/9	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Allergens	Fish & chips with garden peas (F) Fish and Gluten	Chicken Curry with Wild Rice & Sweetcorn (C) *Sauce Celery, Mustard, Gluten, Egg, Milk	Vegetarian Sausages with Mashed Potato and Seasonal Veg (V) Soya, Sulphites	Cheese & tomato Pizza with Garlic Bread & Summer Corn Salad (V) Gluten, Milk, Sulphites, Soya	Quorn Burger in a Warm Bun, Diced Potatoes and Sliced Tomato (V) Gluten, Egg, Milk, Soya, Sesame

WEEK 2

11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7, 1/8, 22/8, 12/9, 3/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Chicken tikka with pitta bread and shredded lettuce/carrots (C) Celery, Soya, Gluten	Quorn Dippers served with a warm wrap and seasonal veg (V) Gluten, Egg, Milk	Cheese & tomato Pizza with Garlic Bread & Sweetcorn (V) Gluten, Milk, Sulphites, Soya	Fish Goujons and spicy wedges and Sweetcorn (F) Fish, Gluten	Quorn Hotdog in a Finger Roll served with Relish & cherry Tomatoes (V) Egg, Gluten, Sesame

WEEK 3

18/10, 8/11, 29/11, 20/12, 10/1, 31/1, 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7, 8/8, 29/8, 19/9, 10/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Tomato Pasta with Mozzarella, garlic bread and roasted vegetables Celery, Gluten, Soya, Milk	Cheese Pizza with Garlic Bread and Mixed Salad (V) Gluten, Milk, Soya	Spicy Chicken served with a warm wrap and shredded lettuce/carrot (C) Celery, Gluten, Soy a, milk	Meatball Marinara Baguette with corn salad (C) Celery, Milk, Gluten, Sulphites, Sesame	Chicken Burger in a warm Bun with Shredded Lettuce (C) Gluten, Soya Egg, Milk, Sesame

Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter included with all meal choices Allergens	Vegetable soup Celery	Golden lentil Soup Celery	Vegetable Soup Celery	Lentil and vegetable soup Celery	Spring vegetable soup Celery