

Getting it Right for Every Child in Netherlee PS and NC GIRFEC and SHANARRI



GIRFEC

- **G**etting
- **I**t
- **R**ight
- **F**or
- **E**very
- **C**hild



SHANARRI

- Safe
- Healthy
- Active
- Nurtured
- Achieving
- Responsible
- Respected
- Included



Health and Wellbeing Indicators



We want every child in Netherlee to be given opportunities to develop in each of the indicators. Over the next few pages, you will see **just some** of the kind of themes which come under each indicator.

I Feel Safe

- I feel protected from harm within my home and school.
- The people who care for me teach me how to protect myself from harm.
- I am not scared when I go out and about in my local area.
- I know when things are risky and try to stay away from danger.
- The people who care for me know who I am with and where I am going when I go out.



Safe

Article 19 – You have the right to be protected from being hurt or badly treated

I Am Healthy

- I have healthy food to eat most of the time.
- I exercise a lot.
- I get the chance to spend time outside.
- The people who look after me make sure I get help when I feel ill.
- The people who look after me help to make sure I eat and exercise to keep healthy.
- I enjoy life.
- I feel able to deal with difficult things that might happen in my life.



Healthy

Article 24 – You have the right to clean water, food that is good for you, a clean place to live and good health

I Am Achieving

- I am learning new skills.
- I am confident that I can do well.
- I do the best I can.
- I have hobbies and interests out of school that help me learn new skills.
- The adults in my life encourage me to do my best.
- If I am struggling with anything, someone can help me.
- I get the help I need to do well.



Achieving

Article 29 Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

I Feel Nurtured

- I feel cared for and supported by the people who live in my home.
- The people who care for me can provide me with the right amount of food and clothing.
- I live in a home that is clean and warm.
- Someone at home and school listens when I want to tell them about things I need, like or dislike.
- I am learning to look after myself and make decisions that affect my life.



Nurtured

Article 3 Adults should do what's best for you

I Am Active

- I do things for fun in my spare time.
- I have the chance to take part in leisure and sporting activities in my area.
- The adults in my life help me find ways to do things that interest me.
- I have lots of opportunities to play games and make my heart and lungs work hard.



Active

Article 31 You have a right to play and to relax!

Article 15 You have the right to be with friends and join or set up clubs, unless this breaks the rights of others.

I Feel Respected

- I feel that people listen to me before they make decisions which affect me.
- I am involved in making decisions about my life.
- If I need it, I have help to tell people about my views and decisions.
- If I need to talk to someone, I know who I can talk to and where to find them.



Article 2 You have the same rights as everyone else: whatever your race, religion or abilities, whatever you think or say, whatever type of family you come from

Article 12 You have the right to be listened to and be able to say what you think about things.

I Am Responsible

- I listen to other people and try to understand their point of view.
- I know the difference between right and wrong.
- I am caring and helpful.
- I can follow instructions.
- I am able to follow rules in school, at home and in society.
- I know what is expected from me and why.
- Adults in my life behave in a way that sets a good example to me.



Responsible

Article 29 Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

I Feel Included

- I feel that I belong when I am with my friends, family, in school and in my neighbourhood.
- I am able to take part in activities which let me be with people that I need in my life.
- I get to meet lots of different people.
- I feel that other people want me around.
- People support me when I need help.



Included

Article 2 You have the same rights as everyone else: whatever your race, religion or abilities, whatever you think or say, whatever type of family you come from.

Article 14 You have the right to think what you like and be whatever religion you want