

# S2 ASSEMBLY

January 2019





# FAITH MATTERS



# OUR FAITH



- Morning Mass
- Eucharistic Adoration and Rosary
- Venerable Margaret Sinclair Novena
- Tuesday, Thursday and Friday 8.25am
- Friday 12.20-1.00
- Monday 12.40

Family members are always welcome!

"The best, the surest and the most effective way of establishing everlasting peace on the face of the earth is through the great power of Perpetual Adoration of the Blessed Sacrament."

*Blessed John Paul II*



# The Holy Hour for Vocations

- Tuesday 22 January 2019, 7.00pm in the Oratory
- This session will be led by Fr Matthew Carlin.
- It is a great opportunity to put aside some time to pray for vocations especially to the priesthood.
- All pupils, staff and families are invited.





St Ninian's High School



# CELEBRATING SUCCESS



# Interim report 2

- Issued on 25<sup>th</sup> January
- Discussions with your class teacher
  - Progress and targets
  - Levels

# Broad General Education

- You all started your Broad General Education whilst you were at Nursery, it continued through Primary School and will conclude at the end of S3.
  
- But what is a Broad General Education?

- Purpose: To develop Knowledge, skills, attributes and capabilities of four capacities (Successful Learners, Confident Individuals, Responsible Citizens and Effective Contributors) or...





# Progress: A Smooth Gradient

- As you progress through the BGE you will achieve different 'levels'. But what does that mean?
- The achievement of a level means that you can progress on to the next level, this ensures that you remain challenged but at the appropriate stage / level which is suitable for you.

# Example 1

End of S1  
(Achieved  
Level 2)



End of S2  
(Achieved  
Level 3)



End of S3  
(Achieved  
Level 4)



End of S4  
(Achieved  
Level 5)

# Example 2

End of S1  
(Achieved Level  
2)



End of S2  
(Working  
through Level  
3)



End of S3  
(Achieved Level  
3)



End of S4  
(Achieved Level  
4)



Well done and thank you to:  
Ansa Dean, Dominika Zgoda, Sophia  
McGuinnity, Ayesha Javed and Zainab  
Choochan

who raised £167 for their YPI Charity,  
Glasgow Children's Hospital.





# Glasgow Children's Hospital Charity

Our Ref: 2221

St Ninian's High School  
Rouken Glen Road  
Giffnock  
GLASGOW  
G46 6UG

21 December 2018

Dear Friends

Please accept our sincere and heartfelt thanks, on behalf of our young patients for your generous gift of £166.67 raised from 4 pupils in 2a3 holding a Bake Sale. Please pass on our thanks to everyone who contributed to this wonderful amount.

Your generosity will help us to fund enhanced medical equipment, pioneering research, innovative play programmes and family support services at Scotland's largest children's hospital. Thanks to the ongoing support and commitment of people like you, we have been able to work with parents, patients and staff, and have continued to develop our programme of enhancements to the hospital environment.

The sights and sounds of the hospital can have a significant impact on the experience and wellbeing of children and their families and the Charity has worked with many creative agencies to transform the waiting areas, family rooms, play rooms and other spaces from being clinical and often intimidating, to being brighter, more welcoming and cheerful.

*"The complete revamp of the theatre and anaesthetic rooms are quite spectacular and the children have a distraction, particularly in the cardiac theatre where the patient is anaesthetised. The decoration of the room ensures that the operating table is not the first thing they see and concentrate on. It has made a huge difference to the paediatric environment and is enjoyed by many."*

Elaine Johnston, Lead Nurse, Paediatric Intensive Care Unit

*"It makes it feel like a children's hospital".*

Mary Pirie, Lead Radiographer.

Thank you once again for your donation and continued support, which means so much to our patients, their families and everyone at the hospital.

Yours sincerely

  
Kirsten Sinclair

Chief Operating Officer



**Well done to all of our Level 1-3 gymnasts who competed at the East Renfrewshire Regional Gymnastic Competition and have worked extremely hard every Monday after school preparing their routines!!**



**Huge well done to our Level 1 gymnasts who won Gold at the East Ren  
Regional Gymnastics competition!!**



**Fantastic result Nuala Houston, Eliza Gomez (2a1), Eva Drummond and  
Dominic Shevlane**



- Well done to our Level 4 gymnasts who competed at the Scottish Schools qualifier today in Musselburgh





- Well done to both the S1 and S2 Netball teams. Both teams worked exceptionally hard and are working towards the next Scottish cup fixtures. Great night of netball



- Fatima Abdallah represented S2 in the St Ninian's team who took part in the Royal Society of Chemistry's "Top of the Bench" competition, held at Strathclyde University.
- The team, Fatima, Michael, Andrew, Ellie, were an absolute credit to themselves and the school. They came in second place with a score of 311/375. St. Aloysius came in first place with 320/375, so quite a close call!





**GIFFNOCK NORTH ATHLETICS CLUB**

*Festival of Running*

**"To The Pond & Beyond"**

**SECONDARY SCHOOLS 2.5k RACES**  
 Rouken Glen Park, Giffnock, Glasgow  
 Thursday 7th June 2018

Part of the Giffnock North A.C. Festival of Running  
 Course 2.5k on the paths within Rouken Glen Park  
 Open to all East Renfrewshire & South Glasgow  
 Secondary School pupils.

Registration : 5.15pm  
 Girls Race : 6.30pm  
 Boys Race : 6.45pm

**CHARITY WINS!**  
 The school with the most finishers will receive £500 to donate to the charity of their choice.

**"BATTLE OF THE SCHOOLS"**  
 Awards for the first three in each race, and also first three school teams: four to count per team in race order. Enter as many athletes as you like, ENTRY is £4.00 (+ admin fee) per entrant  
 Enter Individually online now at :-  
[www.entrycentral.com/TTPAB](http://www.entrycentral.com/TTPAB)



# HEALTH & WELLBEING



# Respect for All

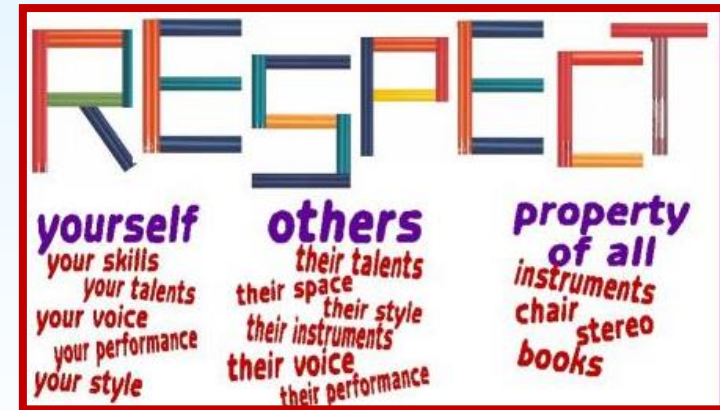
At St Ninian's we believe it is important to treat everyone with respect. We believe everyone is made in the image of God and we should value everyone.

Sadly, some people can be prejudiced towards others because they're different in some way or are perceived to be different.

Being different isn't the problem – the problem lies in **other people's attitude** towards what makes someone different. Some characteristics are protected by law to address the imbalance experienced by some groups over the years.

The Equality Act 2010 makes it illegal to discriminate against a person due to the following, which are known as the '**Protected Characteristics**':

- gender
- race including colour, nationality, ethnic or national origin
- disability
- religion or belief
- sexual orientation
- gender reassignment
- being pregnant or having a child



We all have a moral responsibility to ensure that everyone feels they are welcome and that no one is discriminated against for any reason.

We are all equal, We are all God's children and We all deserve to be respected.

# Courtesy



Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness: kindness in your face, kindness in your eyes, kindness in your smile.

(Mother Teresa)

# Kindness

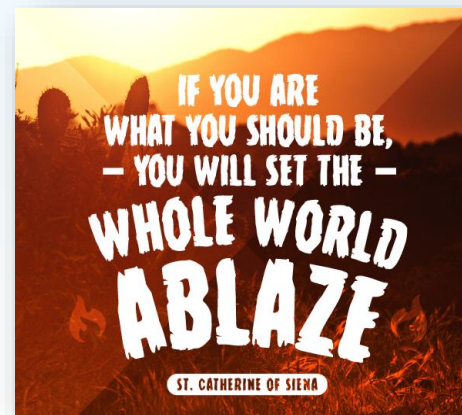
O Jesus through the most pure heart of Mary, I offer thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy divine heart and particularly for the intentions of Our Holy Father, the Pope.

*No act of kindness,  
no matter how small,  
is ever wasted.*

*Aesop*

**Kindness** is the attribute that we place at the forefront of our life and work in our school because it confirms the commandment to love one another just as God has loved us. This was very evident during Advent demonstrated by your incredible acts of kindness expressed through your commitment to the charities you supported. Kindness has the power to transform a community. It is sometimes the smallest gestures and interactions that matter the most. Our young people and staff regularly witness powerful messages encouraging us to make a conscious effort to be courteous and kind, generous and grateful. A warm smile, a pleasant demeanour, a nod, saying **'good morning'** brightens the beginning of a school day; **'please'**, **'thank you'**, **'may I help you'** reflect the depth of respect we have for others; saying **'sorry'** sincerely helps when things have gone wrong; holding the door for someone, listening attentively when someone is talking to you, can be all that it takes to change someone's day for the better, acknowledging their presence and valuing them. To some, this comes naturally but, for others, the act of being nice, looking someone in the eye, and offering them a smile requires effort.

Sometimes, it even takes courage. A warm smile accompanied by **'good night'** is always appreciated when leaving the class, a club, or school at the end of a very busy day.



# Health & Wellbeing





# Health and Wellbeing Objectives

## Our Objectives

1. To create a supportive environment for pupils and staff
2. To help pupils and staff overcome barriers to mental wellbeing
3. To build resilience in all our young people
4. To ensure mental health is seen as important as physical health
5. To ensure that everyone experiencing a mental health condition is treated as an equal by society

# Health and Wellbeing Aims

## Aims

To focus on **your** mental health and wellbeing by:

- Increasing understanding of mental health
- Improving recognition of common mental health conditions
- Understanding the impact of stigma
- Introduce Five Ways to Wellbeing

# Five Ways to Wellbeing

- Connect
- Be active
- Take notice
- Keep learning
- Give



# Wellbeing: Connect

Wellbeing

connect with the people around you: your family, friends, colleagues and neighbours

- Talk to someone instead of sending a text
- Speak to someone new
- Ask how someone's weekend was and really listen when they tell you
- Put five minutes aside to find out how someone really is

# Wellbeing: Be Active

Do what you can, enjoy what you do, move your mood

Wellbeing

- Walk to school, perhaps create a walking bus with friends.
- Cycle to school
- Attend Extra-Curricular clubs (lunch/after school)
- Get involved - Volunteer

Always remember why exercise is good for you...



# Wellbeing: Take notice

Remember the simple things that  
give you joy



- Make time to appreciate what people have gained from having contact with you.
- Model 'taking notice' by giving compliments and verbally appreciating the small things in life.
- Take time to reflect on the emotions of yourself and others. Feed off the positives & look at how you can change the negatives.

# Wellbeing: Keep learning

Embrace new experiences, see opportunities, surprise yourself

Wellbeing

- Celebrate light bulb moments
- Research subjects that you hear or read about that trigger your interest
- Take time to speak to new people and hear about their background & experiences
- Encourage further exploration of mental wellbeing and resilience



# Wellbeing: Give

Your time, your words, you presence

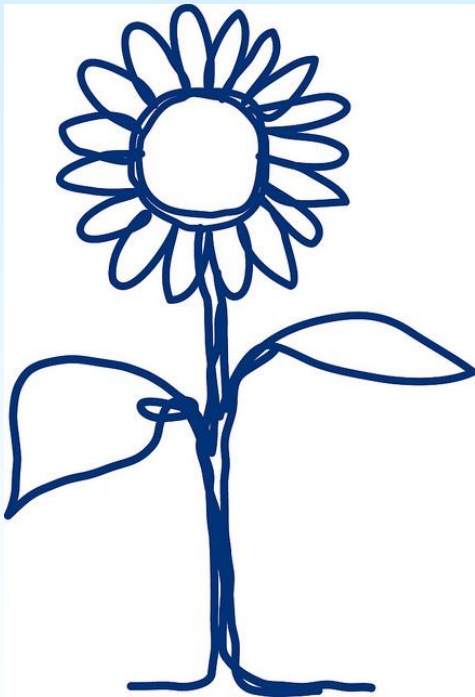
Wellbeing

- How can you use what you have learnt to benefit others?
- Giving and receiving help
- Take or give a compliment
- Create something for someone: write a note to go with it to say why you made it for them: being thankful



# Three Good Things

Outlook



**Each day** - think back and remember three good things.

**Note them down** - this is important. You may want to get a small notebook just for this purpose or use an online diary (Facebook have a free app for this or you can use the 'Happynote' app).

**Think about why** - write down why it happened and why you feel good about it.

**Look back** - after a week, have a look back on what you've written. How does it feel when you look at all these good things? Do you notice any themes?

**Keep it up**

# Resilience: Culture

- Building the right culture from the start.
- Value resilience as a school.
- Remember “the greatest glory in living is not never falling, but in rising every time we fall”  
Nelson Mandela

You are already  
doing it





## ST NINIANS HIGH SCHOOL Extra-Curricular Loyalty Card

**Please hand in all completed loyalty cards to  
the PE department before Friday 18th January!**

**PRIZE DRAW – NIKE VOUCHER**



Orchestra Members

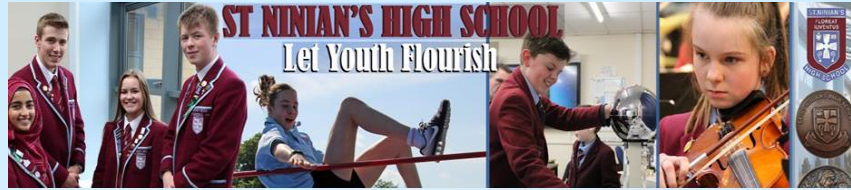
Instrument	Name
Conductor	Mr. [Name]
Violin I	[List of names]
Violin II	[List of names]
Viola	[List of names]
Cello	[List of names]
Double Bass	[List of names]
Trumpet	[List of names]
Trombone	[List of names]
Euphonium	[List of names]
Tuba	[List of names]
Drum Set	[List of names]
Percussion	[List of names]



# OPPORTUNITIES FOR PERSONAL ACHIEVEMENT



# Volunteers Needed!



## How Good is OUR School?

Would YOU like to have a say in how we shape our school?

THEN THIS IS THE JOB FOR YOU!

We want to know how you rate your school.

Pupils across all year groups are required to form the new HGIOS Working Group. This is a fantastic opportunity to participate in self-evaluation and school improvement.

Self-evaluation is how schools decide what is going well and what could be better. It helps us as a school to identify the actions they need to take to keep improving.

Have your say!

HGIOURS Theme	Staff
Our Learning and Teaching	Mrs Grant and Mr Downie
Our Relationships	Mr Wilson and Mr McLaughlin
Our School and Community	Mr Young, Ms Kelly, J Ramsay
Our Health and Wellbeing	Mr Devine, Mrs Howson, Mr Kerr
Our Success and Achievements	Mr Zochowski, Ms Kennedy, Mr Macfarlane



# Rainbows



Rainbows is a peer support group for young people who have experienced a loss or a major change in their life.

Rainbows groups help you to *share* your *feelings* and *thoughts* with other people your own age.

All Rainbows groups keep conversations  
Confidential



Rainbows is for **teenagers** who live in ...

**Step-families**

**Single Parent Homes**

**Foster Families**

**Changing Families**

**Separated Families**

Or who have experienced ...

**Death of a Family Member**

**Illness in the Family**

**Family Member in Prison**

**It doesn't need to hurt forever**

## What Rainbows means to me ...

"Rainbows gave me confidence and helped me make friends. It made me a happier person. It helped me realise why I felt the way I did."

"I enjoyed Rainbows because you can say how you feel without being judged and you can get advice from people who have been through or are facing the same difficulties. It helped me when I was having a hard time dealing with what was happening and how I felt."

# What Happens Next?

- You will be asked in your R.E class to complete a simple form
- Please take time to read the information
- At this stage you are not committing to joining Rainbows, you are only expressing an interest

If you have any further questions about Rainbows or would like to find out more about it, please speak to Mrs Cannell in Modern Languages Room 2



# COMMONHEALTH GAMES 2018

S1/S2 IDL Project



# Subjects involved

- Physical Education
- Home Economics
- Geography
- History
- Modern Studies
- Design & Technology
- Religious Education
- Art
- English



# Olympic & Paralympic values

- **Friendship**
- **Respect**
- **Excellence**
- **Determination**
- **Courage**
- **Equality**
- **Inspiration**



- Parallels with schools ethos
- Values that we're looking to encourage and promote throughout this project
- Everyone will be given opportunities to be involved



# Class Olympic countries



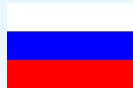
- 1/2a1



- 1/2a2



- 1/2a3



- 1/2a4



- 1/2a5

- 1/2a6

- 1/2a7

- 1/2a8

- 1/2a9

- 1/2a10



# ENGINEERING TASTER DAY



**Saturday**  
**2 Feb 19**  
**10am - 1pm**

**CITY OF GLASGOW**  
**COLLEGE**

Let Learning Flourish

[www.cityofglasgowcollege.ac.uk](http://www.cityofglasgowcollege.ac.uk)

 /CofGcollege

 /cofgcollege

**RIVERSIDE CAMPUS**

21 Thistle St, Glasgow, G5 9XB

.....

**What you can do:**

- View course relevant facilities in our state-of-the-art Riverside Campus.
- Discuss course options & possible STEM career paths.
- Take part in hands-on activities in

**Welding • Robotics • Electrical • Computing • Simulators**  
**Ships Engine Room • Manufacturing**

.....

**Who should attend:**

Anyone interested in a STEM career, School Pupils, Parents & Families, School Teachers and Employers.



# ST NINIAN'S HIGH SCHOOL

## Let Youth Flourish



# Saltire Awards

**Celebrating young people who take part in volunteering**



The logo for Saltire Awards features a stylized saltire (a white cross on a blue background) on the left, followed by the text "Saltire Awards" in a blue, sans-serif font. The saltire is composed of two thick, slightly irregular lines that cross in the center.

# Saltire Awards

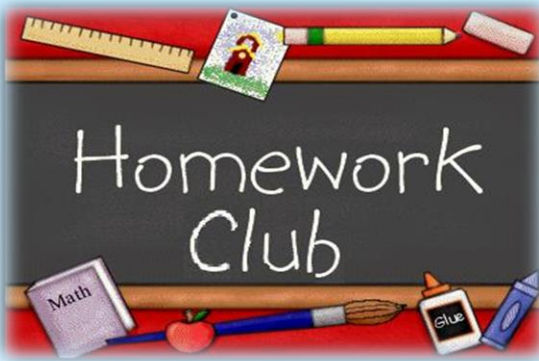
- Saltire Awards are a Scottish award designed to formally recognise the commitment and contribution of youth volunteering
- Saltire Awards enable young volunteers to record the skills, experience and learning gained through successful volunteering placements

# What can you do?

- Volunteering can take many forms:
  - Altar servers/Mass readers
  - School events (e.g. information evenings)
  - Sports coaching (school clubs, external clubs)
  - Sports Camps
  - School Clubs
  - Guides/Scouts/Brownies young leaders
  - Fundraising
  - Care homes, Day Centres, Soup Kitchens
  - Nurseries/Primary schools
  - Charity Shops

# How to gain an award

- Record all of the hours you have spent volunteering
- You require a minimum of 10 hours to gain an award
- **If you think you qualify see Mr Downie** with details of the work you have done (including details of organisation, dates worked and number of hours)
- You will then need to complete and return a Saltire Awards Application Form
- Collect these from **Mr Downie/ Mrs Miller** or the PTD base in the English corridor



**ST NINIAN'S**  
**TALENT SHOW**  
TUESDAY 24 APRIL  
7 PM  
£3



**UPCOMING EVENTS**





# Valencia 2019 Football trip Meeting



A meeting of all pupils on the Valencia trip is taking place to discuss Parents meeting and to order Adidas Kit.

**ICT 2**  
**Monday 14<sup>th</sup> January**  
**lunch time 12:30**



Adidas jersey & shorts are packaged together  
and come as a set

11-12YRS 29.5/30.5 Chest Qty:	13-14YRS 32.5/34 Chest Qty:	SMALL 34/37 Chest Qty:
MEDIUM 37/40 Chest Qty:	LARGE 40/44 Chest Qty:	XLARGE 44/48 Chest Qty:



# Meeting

- Can the following pupils attend a meeting in the **lecture theatre today period 7**
- Fatima Abdallah
- Umamah Arbab
- Matthew George
- Bhakita Harkins



# S2 Chem stars- Congratulations!



<b>Class</b>	<b>Teacher</b>	<b>Successful learner</b>	<b>Effective contributor</b>
E1	J.Wilson	Hannah Ryding	Ruth Rodriguez
E2	J.O'Donnell	Ruth Edgar	Emily Preston
E3	J.Brookman	Khadija Qasam Jameel/ Emma Rawstone	Olivia McMenemy
E4	J.Young	Ibraheem Chaudry/ Millie McGeehan	Mhairi Kelly
E5	J.Gillespie	Molly McIlwham	Lucia Samuels
F1	J.Brookman	Sophia Cameron	Chuks Ndulue
F2	M.Wiggins	Marwa Sattar	Matthew Goldie
F3	J.Gillespie	Ross McGuinnes	Bakhita Harkins
H1	M.Power	John Hayes/Caiden Garioch/Dominika Zgoda/ Rory Milligan	Natasha Cameron
H2	D.Gibson	Gregory Campbell, Olivia Hannah	Gabriel Leahy
H3	C.Boyle	Marcus Bowman	Favour Uduebholo



Malawi 2018

# Travelling & First Day in Village



# The amazing children & malaria testing



# Work in the village



# Painting & Education



12-09-18  
CNCALWA  
ma ke ki ko ku  
me ni mo mu  
pe pi po pu  
ya ye yo yu  
18/09/2018  
maKnaab  
20/09/18  
maKnaab  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19



We will never forget it!