

S2 ASSEMBLY

November 2018



School Prayer

Jesus, as a child you grew in learning and wisdom.
Bless Saint Ninian's High School,
a community of faith and love
where young people learn,
work and grow together.
Help us to make our school a place
where teachers are valued for their dedication;
where pupils are encouraged
to develop their talents
and where all
staff, young people pupils and parents -
work together
in trust and friendship.
Live among us now and forever.

Amen





OUR FAITH



Morning Mass

Mass will be offered up on

- Tuesday
- Thursday
- Friday

Mornings at 8.25am.

Family members are also
welcome!



Eucharistic Adoration

12:20-1:00 every Friday in the Oratory

"The best, the surest and the most effective way of establishing everlasting peace on the face of the earth is through the great power of Perpetual Adoration of the Blessed Sacrament."

Blessed John Paul II



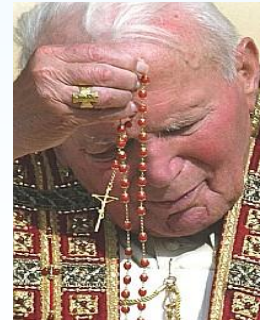
Eucharistic Adoration

12:20-1:00 every Friday in the Oratory

The Rosary

Join us to pray The Rosary every Friday in the Oratory, 12.25 – 1pm.

The Rosary is a prayer we can all say together with Mary, the Mother of God, who always grants our request.



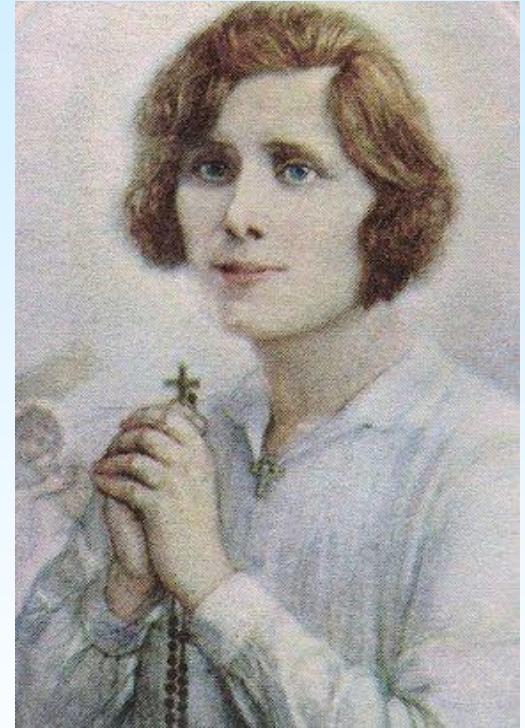
*“The Rosary is my favourite prayer.”
“Pray, pray much. Say the Rosary everyday”*

**Pope John Paul II
(1978-2005)**



Venerable Margaret Sinclair Novena

There is a Novena in the Oratory every Monday at 12.40pm asking for the intercession of the Venerable Margaret Sinclair.



Worship Group

All pupils S1-S6 are welcome
to come along!

Oratory every Thursday at
3.40PM



The YPI Process

Research, Visit, Present



YPI Launch

Students learn how the programme works through a year group assembly or class based introduction.

- YPI Launch
- S2 Assembly
- 23rd August
- Alistair Cairns (YPI)



Form teams

In small teams, students identify the social needs of their local community.

RE (5 lessons)

- YPI and Our Faith – Love One Another
- Personal values
- Team selection / Team roles
- Research into Social Issues and Social Service Charities
- Charity selection

ypi[®]

YOUTH AND
PHILANTHROPY
INITIATIVE
SCOTLAND

Emily Clarke, Mairead McBride,
Grace Studham and Camille McLaughlin.





St Ninian's High School



scqf
scottish credit
and qualifications framework
School Ambassador Programme
awarded to
St Ninian's High School
15 May 2018



CELEBRATING SUCCESS



- Well done and congratulations to Megan Gordon (2a5) for her recent success in swimming competition where she won several gold and silver medals
- A tremendous effort and an excellent achievement!



Congratulations to Michael McAndrew (2a7) who will be performing in the stage musical *Chitty Chitty Bang Bang* next week at the Kings Theatre!

He has been busy working hard over the last few weeks rehearsing and is very excited to have lots of family and friends going along to see him. A fantastic achievement and no doubt will be an amazing experience!



- Fantastic results from Friday nights Dual Slalom Series heats. A team of Joe Mckay, Isla Ward, Erin Ward (2a3) and Sean Devlin won and qualify for the finals
- The B team of Luke Burke, Joe McFadden, Chris Igoe and Daniel Throshyn (2a10) and Henry Ansell came 3rd!



Gymnastics Team

- Well done to Marwa Sattar (2a7) and Safa Sattar (2a6) who have been selected again for the Gymnastics team.
- We wish you every success in future competitions



Congratulations to Katie O'Callaghan (2a5) on winning the girls U15s SFA South-West League cup with Hamilton Academical last week





Orchestra Members

Instrument	Name
Conductor	Mr. [Name]
Principal	Mr. [Name]
Violin	[List of names]
Viola	[List of names]
Cello	[List of names]
Double Bass	[List of names]
Trumpet	[List of names]
Trombone	[List of names]
Euphonium	[List of names]
Tuba	[List of names]
Drum Major	[List of names]



OPPORTUNITIES FOR PERSONAL ACHIEVEMENT





S2

SPORTS COUNCIL REPRESENTATIVES



The following pupils have been elected as the Sports Council representatives for this year.

Kerri Halpin (2a3)
Sean McBride (2a10)



CONGRATULATIONS S2!!!

The following pupils have been awarded a Saltire Award for volunteering:

Matthew George (2A5)

Emily Preston (2A5)

Shivani Hallan (2A6)

Brooke Hamilton (2A6)

Mia Hughes (2A6)

Vincent Kelly (2A6)

Oliver Kerrigan (2A6)

Ava McCaul (2A6)

Jenna Shades (2A6)

Erin Sullivan (2A6)

Zoe Webster (2A6)

Callum Williams (2A6)

Nyree Linden (2A7)

Fatima Mansoor (2A7)

Gregory Campbell (2A9)

Emily Grant (2A10)





INTERDISCIPLINARY LEARNING



Biology Week 2018

6th-14th
October

Get involved!



To celebrate and advocate biology within our school, St Ninian's will be hosting an art competition during biology week.

This year, our theme is 'Biology at its best!'

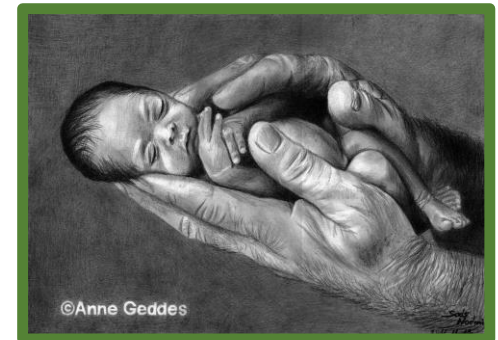
You must display 'biology at its best' in any artistic way you can think of. Whether it be a pencil drawing, painting, photograph or model, you must try and capture the greatness of biology in one picture.

The closing date is **Monday 22nd October**. Hand in, or email your entries to any biology teacher in the department.

A panel of judges will then choose the winner that day and award the lucky contestant with a great prize!

Any further questions, please see Miss McGoldrick in biology.

Good luck!!





GIFFNOCK NORTH ATHLETICS CLUB

Festival of Running

"To The Pond & Beyond"

SECONDARY SCHOOLS 2.5k RACES
 Rouken Glen Park, Giffnock, Glasgow
 Thursday 7th June 2018

Part of the Giffnock North A.C. Festival of Running
 Course 2.5k on the paths within Rouken Glen Park
 Open to all East Renfrewshire & South Glasgow
 Secondary School pupils.

Registration : 5.15pm
 Girls Race : 6.30pm
 Boys Race : 6.45pm

CHARITY WINS!
 The school with the most finishers will receive £500 to donate to the charity of their choice.

"BATTLE OF THE SCHOOLS"
 Awards for the first three in each race, and also first three school teams, four to count per team in race order. Enter as many athletes as you like, ENTRY is £4.00 (+ admin fee) per entrant. Enter individually online now at :-

www.entrycentral.com/TTPAB



HEALTH & WELLBEING



**The S1 - S3 Homework Club is running in Maths Room
8 on the following dates:**

04/10/18

25/10/18



Newsletter Club

English Room 7
Miss Ramsay

MONDAY LUNCHTIME

\$1-\$6

Newsletter Club

- ✓ Fun and interesting to write about things happening around the community
 - ✓ Expands vocabulary
 - ✓ You can take photos and edit them for our articles
 - ✓ Make your voice heard
 - ✓ Good for your university application
 - ✓ We have publication parties (with food!)
- × You are being silly if you don't come!





S1/S2 Netball Club

Tuesday Lunch-Time

Miss Hood

Games Hall

12.20pm

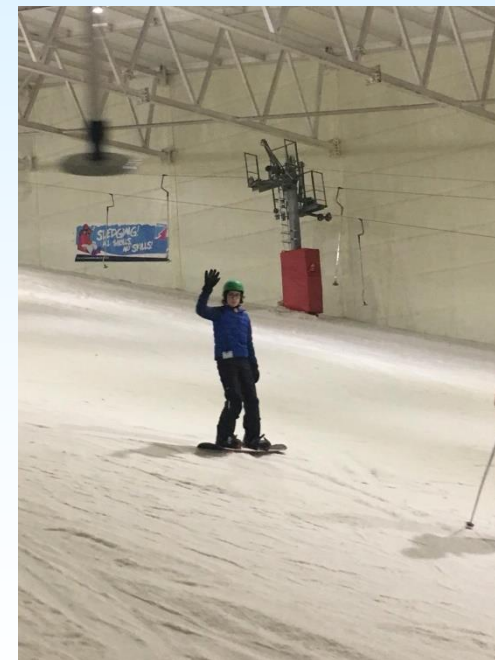
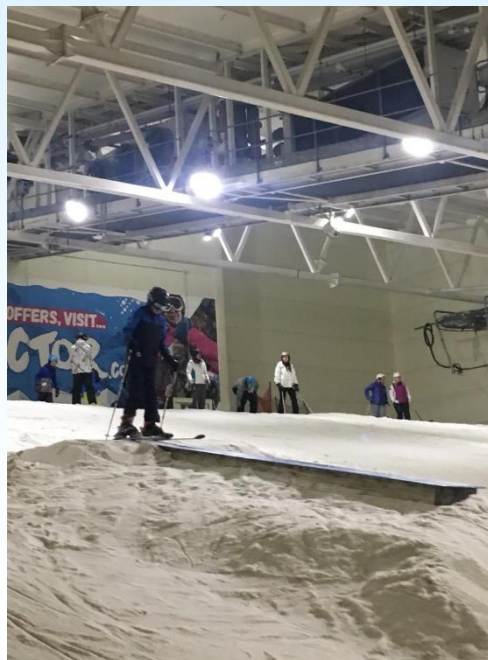


Miss Hood will be running a lunch-time netball club for pupils in S1/S2. This is an excellent opportunity for pupils of all experience levels to get involved in netball.

Please see Miss Hood for any additional details.



The Ski club attending Bellahouston Ski Centre and Xscape





You don't have to like me...agree with me...or enjoy
the same things I do.

But you do have to respect me.





What is bullying?



Bullying is a mixture of behaviours and impacts; what someone does and the impact that it has on you, which affects your ability to feel safe and in control of yourself.

Bullying behaviour happens face to face and online and can include:

- Being called names, being teased or made fun of
- Being hit, pushed or kicked
- Having your belongings taken or damaged
- Being ignored, left out, or having rumours spread about you in
- Being humiliated
- Receiving abusive messages or having nasty comments made about you online
- Being targeted because of who you are or how people see you

This can hurt you physically or emotionally and, although the behaviour might not be repeated, the threat or worry that it will happen again can be very real.



Bullying can also happen because of people's prejudices towards other people; because they're different in some way or are perceived to be different. But being different isn't the problem – the problem lies in other people's attitude towards what makes someone different. Some of the things that make us different are protected by law, to address the imbalance experienced by some groups over the years.

The Equality Act 2010 makes it illegal to discriminate against a person due to the following, which are known as the 'Protected Characteristics':

- age
- being or becoming a transsexual person
- being married or in a civil partnership
- being pregnant or having a child
- disability
- race including colour, nationality, ethnic or national origin
- religion, belief or lack of religion/belief
- sex
- sexual orientation

This law also makes it illegal to abuse someone who doesn't have any of these characteristics, but people may assume they have, or they associate them with someone who does; such as a friend or family member. This means that it's never acceptable to use homophobic, racist or offensive language, or make fun of anyone's disability or their personal circumstances.



STOP



BULLYING

STAND UP . SPEAK OUT

Designed by Vecteezy



**BULLYING
IS NEVER OK**

FloresQuefha.com

PHOTOGRAPHY





Dealing with Bullying – What are my options...?



When it comes to dealing with bullying there isn't always one 'right' answer. This information will help if you're being bullied, but it can also help if you know someone who is being bullied and you're not sure what to say or do to help them.

Telling someone or getting someone else involved can often help you to feel better – even if it doesn't make the bullying stop. But what works for someone else won't always work for you. You will know what feels right for you and your situation, but you don't have to limit yourself to trying just one thing; you might need to try a couple of different options to find one that works for you.

1. You could tell an adult

In most cases this is good advice. But does it feel right for you and your situation? Maybe you're worried about an over-reaction, being called a 'grass' or people finding out you've been bullied. For some people, that can seem worse than the bullying itself. But telling the right adult really can make a difference. Talk to someone you can trust; a parent, teacher, brother or sister, football coach or a youth worker. It doesn't matter who they are, only that you trust them to listen and do their best for you. Let them know what you would like to happen and ask them to keep you involved throughout.

2. Don't bottle things up

If you're struggling it's important not to bottle up your feelings – this can make you feel worse. Even if you don't want help to stop the bullying, it can help to talk to a friend or someone else you trust about how you feel. If you are the friend it is important you listen – don't necessarily try to fix things straight away, but be there for them. But if you do need adult help and find it difficult to approach someone, a friend can help by going with you or passing the information on. You might also be able to get some support at school, online or at the other places you visit. Buddy systems, peer mentoring and counselling are there to help you find a way of dealing with problems like bullying, and the people involved are trained to listen and help you talk things through. This might be worth exploring.





Dealing with Bullying – What are my options(cont'd)...?



3. Ignore it/Walk away/Pretend it doesn't bother you

Being able to walk away from bullying or act like it doesn't bother you is a good coping mechanism; it can show people you're confident and can deal with situations. But it's not always easy to pretend that you're okay when you're not. Even if you can hide your feelings from people, they're still there and you need to do something that will help you deal with them. Walking away doesn't work so well when the bullying is happening at places you enjoy going to, or places that you might have to go to – like your school, your church or your Mosque. If you feel comfortable trying this then you should. But if it's not an option then you need to think about trying something else.

4. Block/report users online

If the bullying is happening online, you can instantly 'block' someone who is horrible to you, or delete or 'hide' what they say, even though that won't stop other people from seeing it. There are also steps you can take on social media sites, such as Facebook, where you can report language or behaviour which is offensive or aggressive. Often 'blocking' someone is enough and you might not feel the need to report them but, again, everyone is different and it will depend on your situation and what will make you feel better.

If you're new to social networking or online gaming, take things slowly. Start off with friends you already have, or people you already know. Find your feet and get comfortable with how relationships work online before venturing into new conversations or friendships with other people.



Dealing with Bullying – What are my options(cont'd)...?



5. Don't bottle things up

If you're struggling it's important not to bottle up your feelings – this can make you feel worse. Even if you don't want help to stop the bullying, it can help to talk to a friend or someone else you trust about how you feel. You might find telling a friend easier. If you are the friend it is important you listen – don't necessarily try to fix things straight away, but be there for them. But if you do need adult help and find it difficult to approach someone, a friend can help by going with you or passing the information on. You might also be able to get some support at school, online or at the other places you visit. Buddy systems, peer mentoring and counselling are there to help you find a way of dealing with problems like bullying, and the people involved are trained to listen and help you talk things through. This might be worth exploring.

6. Keep a diary of what happens

Keeping a diary doesn't suit everyone, but writing things down can be a really useful way of coping with how you're feeling; especially if you aren't ready to talk to someone about it. Recording incidents can also make it easier if you do decide to tell someone and it can act as evidence if other parties need to get involved. Similarly, if you're being bullied online, you should keep any texts or online messages you receive.

7. Ask them to stop

If you can do this then try it – the person bullying you might not know how their behaviour is affecting you, and it might change the way they behave towards you. But some people aren't so approachable and you might not have the confidence to speak to them, or you might be worried about what will happen if you do. If you feel this might make things worse then it's best to explore another option.



Coping with your feelings



We all deal with bullying differently. Some people can 'bounce back', but for others their feelings will be harder to deal with. Some coping methods are better than others. Talking to friends or family, doing things you love, listening to music, playing games and staying active are all positive things you can do for yourself. They won't make the bullying stop, but they can help you to manage how you're feeling. Just being listened to can help you to feel better, more supported and less alone; just as listening to friends who are being bullied can help them feel better.

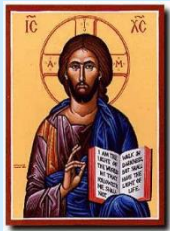
Arguing, taking out your anger on others, doing things to hurt yourself, missing school, drinking or smoking, or stopping communicating with people may seem like ways to cope, but they are not healthy; they don't deal with the bullying or how it makes you feel.

If you don't feel there is anyone you can talk to, or anyone you can be yourself around, it might help to look for places locally or online, where you feel you can fit in better - such as groups for lesbian, gay, bisexual and transgender young people, groups for young people with a disability, groups of young people who care for sick parents, or other groups that you feel represent you. It is important to remember that feeling bad doesn't last forever and things can get better. Everyone in life has setbacks, and learning how to work through problems will make you more able to take control of your life.





Responding to your Interim Report and Teacher Feedback



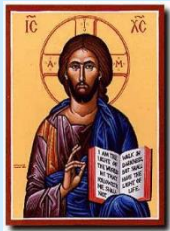
The Interim Reports you have received on your progress to date are based on a wide range of information gathered by teachers. The analysis of this information helps teachers plan future lessons tailored to your needs, developing work that supports & challenges you in your learning, helping you make further progress.

Teachers have used their syllabus and experience to date to develop the current courses. In their lesson plans they have set out what you should know, understand, and/or be able to do by the end of a lesson, or block of lessons. The focus of the work is on what you have to master (learning intentions) and the standards you need to achieve (success criteria) if you are to be successful in classwork & assessments.

Teachers use classwork, homework, a range of formative assessment strategies, to provide them and you with the evidence that confirms whether you know, understand, and/or be able to do. When teachers give feedback to you on your progress they make reference to the learning intentions and success criteria. You need to make sure you know and understand them.



Responding to your Interim Report and Teacher Feedback



Through feedback you need to understand what progress looks like. Most important of all is the agreed action you need to take now. This includes identifying what needs to be done by you in the short, medium and long term if you are to make the progress your teacher expects. Through discussion, your teacher will set realistic and achievable outcomes, providing support through themselves and teacher colleagues, to help you make the improvement they believe you have the ability to achieve.

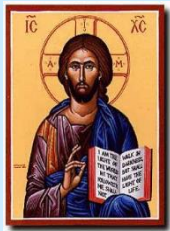
Feedback provides guidance on what you have do next. Disappointment and unhappiness about test scores, or 'on track to achieve' grades, are very powerful emotions and can provoke either a fight (blame others i.e. your teacher) or flight (withdraw/avoid the advice that can make a difference) response in us.

These emotions can make us react badly. If we hold on to negative thoughts, it can only lead to further frustration and disenchantment. The positive response is to face up to your responsibilities for your learning and future success, work hard, address the concerns highlighted, use the excellent teacher advice and support being made available to improve your work, thereby achieving the success you want.





Responding to your Interim Report and Teacher Feedback



If you find yourself having a very negative reaction to feedback, remember the **Active, Calming, Thinking** ways of managing your reactions:

Active

- Talk to a friend about it and see if you can come up with solutions, don't just criticise the person who provided the feedback. Use the advice to create an action plan.

Calming

- Take time to reflect on the feedback in a quiet area. Identify what needs to change

Thinking

- What positives can you take away to help you improve?
- Consider your reaction and look objectively at how you can take action and re-address the concerns which have been highlighted – remember your teacher wants to help, wants to see you succeed, but not at the expense of their honesty and integrity about your progress to date and what they are seeing in class – effort, attitude, commitment, attendance.



ST NINIAN'S
TALENT SHOW
TUESDAY 24 APRIL
7 PM
£3



UPCOMING EVENTS

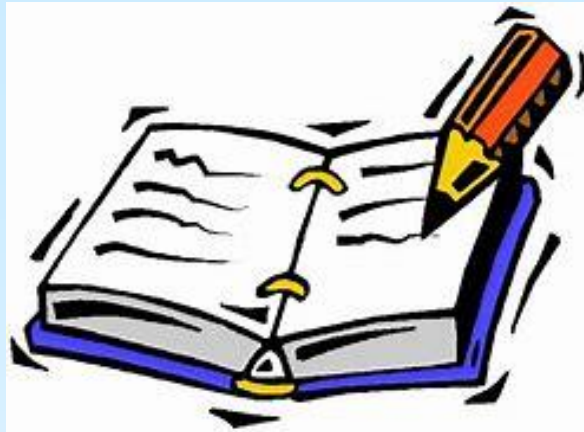


Calling all S1 & S2 film lovers!

English Room 6

Starting on
Wednesday 12th
September at
2.45pm

Sign up on
sheet outside
English Room 6



Homework Diaries available from the school office

Cost £3

