**SOCIAL STORIES FOR KIDS**

Personal Body Space

Everybody has their own body space.

This is like an invisible balloon around each person. Inside this space we each feel comfortable.

Some people like a bigger space than others.

But nobody likes anyone else coming inside their body space. It makes them feel a bit uncomfortable.

If I sit too close to a friend or a member of school staff they may feel uncomfortable, especially if my body touches theirs.

Sometime I don’t like it if someone comes inside my body space.

When we love someone, such as our mum or aunt, we can have a hug.

That is ok because we love each other.

It is OK between special friends.

But it is not OK if the person is not a special friend.

I will try not to sit too close or to touch other people.

Then we will all feel comfortable around each other.

Nobody will be embarrassed.

