St Joseph’s Primary

‘Blob’ Evaluation Tree

Suggestions for Use

* use as part of a solution focused discussion
* ask them to look at the pictures and point to one or two which show what they have been feeling like over the past couple of weeks.
* When they pick one say ‘and what kind of feeling is that showing?’ they might not want to say but sometimes it triggers a wider discussion. Works well with many children although not so good for very young children
* Can explore who they think they are right now and move to who they would like to be/ how they are going to get there