CALDERWOOD MENU APRIL – OCT 17

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| **WEEK1**  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Fish Goujons with Herby Potato Wedges & Garden Peas | Hearty Vegetable Curry with Wild Rice & Spiced Onions | Double Cheese Pasta with Garlic Bread &Roasted Tomatoes | Quorn Bolognaise with Spaghetti& Mediterranean vegetables | Tuna Mayonnaise Pitta with Garden Salad with a Basil Dressing |
| **OPTION 2** | Tomato Pasta with Grated Cheese & Sweetcorn | Noodles with Quorn in a Sweet and Sour sauce | Spicy Falafel in Toasted Wrap& Roasted Vegetables | Cheese & Tomato Pizza &Israeli Salad | Hot Quorn Dog in a Warm Finger Roll with Tomato Relish |
| **OPTION 3** | Egg Mayo Sandwich withSliced Cucumber | Savoury Cheese and Coleslaw Baguette with Sliced Tomato | Tuna Mayo Toasty with Ladybird Salad | Baked Potato with Cheese and Coleslaw& Israeli Salad  | Vegi-burger in a Warm Bun with Garden salad with a Basil Dressing |
| **DESSERT** | Fruit PlatterandYoghurt | Fruit platter andSoup of the day | Fruit platter andSponge | Fruit platter andSoup of the day | Fruit Platter andShortbread |

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| **WEEK 2**,  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Double Cheese Pasta with Garlic Bread &Roasted Tomatoes | Savoury Quorn Mince with Creamy Mash &Carrots  | Poached SalmonwithNew potatoes& Broccoli | Spicy Dhal Curry with Wild Rice & Spiced Onions | Flaked Salmon dressed withSweet Chillion Oriental Vegetable Noodles  |
| **OPTION 2** | Roasted Pepper Pizza with Garden salad with aFrench Dressing | Falafel with Potato Wedges and Beetroot Salad | Mexican Quorn pieces in a Warm Pitta with Roasted Peppers | Tomato and Cheese Pasta with Roasted Vegetables | Sweetcorn Grill in a Warm Bun with Ladybird Salad |
| **OPTION 3** | Tuna Mayo baguette withGarden Salad with French Dressing  | Cheese Toasty with Homemade Crunchy coleslaw | Egg Mayo Sandwich with Tomato &Gherkin | Baked potato with Tuna Mayonnaise & Tossed Salad |  Vegi-burgerin a Warm Bun  with Ladybird Salad |
| **DESSERT** | Fruit PlatterandSoup of the day | Fruit platter andBanana Muffin | Fruit platter andSoup of the day | Fruit platter andYoghurt | Fruit Platter andSoup of the day |

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| **WEEK 3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Vegetarian Sausage Rolls with Creamy Mash &Baked Beans | Lasagne with Garlic Bread  &Israeli Salad | Cheese and Onion Frittata with  Diced Potatoes&Crunchy coleslaw | Double Cheese Pasta with Garlic Bread &Ladybird Salad | Spicy Sausage Fajita in Tortilla Wrap with Crisp Baby Gem Lettuce&Mayonnaise |
| **OPTION 2** | Tuna pasta Salad with Cucumber Batons | Baked potato with Cheese &Israeli Salad | Salmon Goujons withPotato Latkes& Crunchy Coleslaw | Tuna & Sweetcorn Pizza with Ladybird Salad | Smoked Salmon Bagel with Crisp Baby Gem Lettuce&Mayonnaise |
| **OPTION 3** | Cheese Toasty with Sliced Tomatoes  | Warm Pitta with Beetroot Hummusserved with Assorted Crudities | Tuna Mayo Baguette served with Crunchy Coleslaw | Falafel Wrap withBBQ sauce Ladybird Salad  | Vegi-Burger in a Warm Bunwith Crisp Baby Gem Lettuce&Mayonnaise |
| **DESSERT** | Fruit PlatterandYoghurt | Fruit platter andSoup of the day | Fruit platter andChoc Sponge | Fruit platter andSoup of the day | Fruit Platter andIce cream |

All meals include each of the following options:

* Freshly made soup of the day or dessert
* Drink option including :Plain milk, water, Fruit juice
* Bread Basket plus Crudity platter

Allergies

Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.