CALDERWOOD MENU APRIL – OCT 17

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| **WEEK1** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Fish Goujons  with  Herby Potato Wedges  &  Garden Peas | Hearty Vegetable Curry  with  Wild Rice  &  Spiced Onions | Double Cheese Pasta with  Garlic Bread  &  Roasted Tomatoes | Quorn Bolognaise  with  Spaghetti  &  Mediterranean vegetables | Tuna Mayonnaise Pitta with  Garden Salad  with a  Basil Dressing |
| **OPTION 2** | Tomato Pasta  with  Grated Cheese  &  Sweetcorn | Noodles  with  Quorn  in a  Sweet and Sour sauce | Spicy Falafel  in  Toasted Wrap  &  Roasted Vegetables | Cheese & Tomato Pizza  &  Israeli Salad | Hot Quorn Dog  in a  Warm Finger Roll  with  Tomato Relish |
| **OPTION 3** | Egg Mayo Sandwich with  Sliced Cucumber | Savoury  Cheese and Coleslaw Baguette  with  Sliced Tomato | Tuna Mayo Toasty  with  Ladybird Salad | Baked Potato  with  Cheese and Coleslaw  &  Israeli Salad | Vegi-burger  in a  Warm Bun  with  Garden salad  with a  Basil Dressing |
| **DESSERT** | Fruit Platter  and  Yoghurt | Fruit platter  and  Soup of the day | Fruit platter  and  Sponge | Fruit platter  and  Soup of the day | Fruit Platter  and  Shortbread |

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| **WEEK 2**  , | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Double Cheese Pasta with  Garlic Bread  &  Roasted Tomatoes | Savoury Quorn Mince with  Creamy Mash  &  Carrots | Poached Salmon  with  New potatoes  &  Broccoli | Spicy Dhal Curry  with  Wild Rice  &  Spiced Onions | Flaked Salmon  dressed with  Sweet Chilli  on  Oriental Vegetable Noodles |
| **OPTION 2** | Roasted Pepper Pizza with  Garden salad  with a  French Dressing | Falafel  with  Potato Wedges  and  Beetroot Salad | Mexican Quorn pieces in a  Warm Pitta  with  Roasted Peppers | Tomato and Cheese Pasta  with  Roasted Vegetables | Sweetcorn Grill  in a  Warm Bun  with  Ladybird Salad |
| **OPTION 3** | Tuna Mayo baguette with  Garden Salad  with  French Dressing | Cheese Toasty  with  Homemade  Crunchy coleslaw | Egg Mayo Sandwich  with  Tomato  &  Gherkin | Baked potato  with  Tuna Mayonnaise  &  Tossed Salad | Vegi-burger  in a  Warm Bun  with  Ladybird Salad |
| **DESSERT** | Fruit Platter  and  Soup of the day | Fruit platter  and  Banana Muffin | Fruit platter  and  Soup of the day | Fruit platter  and  Yoghurt | Fruit Platter  and  Soup of the day |

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| **WEEK 3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **OPTION 1** | Vegetarian  Sausage Rolls  with  Creamy Mash  &  Baked Beans | Lasagne  with  Garlic Bread  &  Israeli Salad | Cheese and Onion Frittata  with  Diced Potatoes  &  Crunchy coleslaw | Double Cheese Pasta with  Garlic Bread  &  Ladybird Salad | Spicy Sausage Fajita  in  Tortilla Wrap  with  Crisp Baby  Gem Lettuce  &  Mayonnaise |
| **OPTION 2** | Tuna pasta Salad  with  Cucumber Batons | Baked potato  with  Cheese  &  Israeli Salad | Salmon Goujons  with  Potato Latkes  &  Crunchy Coleslaw | Tuna & Sweetcorn Pizza  with  Ladybird Salad | Smoked Salmon Bagel with  Crisp Baby  Gem Lettuce  &  Mayonnaise |
| **OPTION 3** | Cheese Toasty  with  Sliced Tomatoes | Warm Pitta  with  Beetroot Hummus  served with  Assorted Crudities | Tuna Mayo Baguette served with  Crunchy Coleslaw | Falafel Wrap  with  BBQ sauce  Ladybird Salad | Vegi-Burger  in a  Warm Bun  with  Crisp Baby  Gem Lettuce  &  Mayonnaise |
| **DESSERT** | Fruit Platter  and  Yoghurt | Fruit platter  and  Soup of the day | Fruit platter  and  Choc Sponge | Fruit platter  and  Soup of the day | Fruit Platter  and  Ice cream |

All meals include each of the following options:

* Freshly made soup of the day or dessert
* Drink option including :Plain milk, water, Fruit juice
* Bread Basket plus Crudity platter

Allergies

Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.