

WEEK 1					
WEEK 1 24/10, 14/11, 5/12, 26/12, 16/01, 06/02, 27/02, 20/03, 10/04, 01/05, 22/05, 12/06, 03/07, 24/07, 07/08, 28/08, 18/09, 09/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Golden Breaded MSC Fish with Chips & Garden Peas (F) (G) (G)	Macaroni Pasta with Mature Cheddar Cheese Sauce with Garlic Bread & Tossed salad (V) (G) (M)	Red Tractor Chicken and Gravy Pie with Baby Boils & Seasonal Vegetables (CH) (G) (C)	Farm Assured Beef Lasagne with Crunchy Salad (B) (G) (C) (M)	Savoury Meatballs in a Tomato Sauce with Penne Pasta & Sweetcorn (V) (G) (C)
Main 2	Tomato & Mozzarella Pasta with Garlic Bread & Roasted Vegetables (V) (G) (M) (C)	Freshly Made Sausage Roll with Mashed Potato & Baked Beans (P) (G) (SU)	Cheese & Tomato Pizza Diced Potatoes & Summer Corn Salad (V) (G) (M)	Quorn Burger in a Warm Bun Wedges & Sliced Tomato (V) (G) (E) (M)	Quorn Dippers & in a Warm Wrap Crunchy Salad (V) (G) (E) (M)
WEEK 2					
WEEK 2 31/10, 21/10, 12/12, 2/01, 23/01, 13/02, 06/03, 27/03, 17/04, 08/05, 29/05, 19/06, 10/07, 31/07, 14/08, 04/09, 25/09, 16/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Tikka Chicken Pitta Bread, Shredded Lettuce & Crunchy Carrots (CH) (G) (S)	Macaroni Pasta with Mature Cheddar Cheese Sauce with Diced Potatoes & Garden Peas (V) (G) (M)	Farm Assured Beef Bolognaise with Pasta Twists & Broccoli (B) (G) (C)	Traditional Steak Pie with Baby Boils & Seasonal Vegetables (B) (G) (C)	MSC Fish Goujons with Spicy Wedges & Sweetcorn (F) (F) (G)
Main 2	Scottish Cheddar Cheese Toasties Sweet Potato Wedges & Coleslaw (V) (G) (S) (M) (E)	Quorn Dippers with Noodles & Roasted Vegetables (V) (G) (E) (M)	Cheese & Tomato Pizza Garlic Bread & Sweetcorn (V) (G) (M)	Cheesy Beans Diced Potatoes & Crunchy Salad (V) (G) (M)	Quorn Hot Dog in a Finger Roll & Relish Cherry Tomatoes (V) (G) (E)
WEEK 3					
WEEK 3 07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/02, 03/04, 24/04, 15/05, 05/06, 26/06, 17/07, 31/07, 21/08, 11/09, 02/10,	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Vegetarian Sausages in Onion Gravy with Mashed Potatoes & Carrot Rounds (V) (G)	Red Tractor Chicken Curry with Wild Rice & Sweetcorn (CH) (C) (MU)	Scottish Beef Mince Pie with Baby Boils & Seasonal Vegetables (B) (C) (G)	Macaroni Pasta with Mature Cheddar Cheese Sauce Wedges & Garden Peas (V) (G) (M)	Tandoori Chicken in a Warm Wrap with Shredded Lettuce & Crunchy Carrot (CH) (G) (S)
Main 2	Tomato Pasta with Garlic Bread & Roasted Vegetables (V) (G) (C)	Cheese Panini with Diced Potatoes & Summer Corn Salad (V) (G) (M)	Free Range Folded Omelette with Sweet Potato Wedges & Green Beans (V) (E) (M)	Crispy Chicken Burger in a Warm Bun with Shredded Lettuce (CH) (G) (S)	Cheese & Tomato Pizza with Diced Potatoes Mixed Salad (V) (G) (M)

Daily					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter included with all meal choices	Lentil and Vegetable Soup with bread selection ( C ) (G) (S)	Golden Lentil Soup with bread selection ( C ) (G) (S)	Vegetable & Rice Soup with bread selection (C) (G) (S)	Melon Slices and bread selection (G) (S)	Spring Vegetable Soup with bread selection ( C ) (G) (S)
Filled Baked Potatoes Filled Sandwiches (G) (S) Baguettes (G) served with salad	Cheese (M) Tuna Mayonnaise (F)(E) Egg Mayonnaise (E) Sliced Chicken (CH) Flaked Salmon (F)	Cheese (M) Tuna Mayonnaise (F)(E) Egg Mayonnaise (E) Sliced Chicken (CH) Ham (P)	Cheese (M) Tuna Mayonnaise (F)(E) Egg Mayonnaise (E) Sliced Chicken (CH) Ham (P)	Cheese (M) Tuna Mayonnaise (F)(E) Egg Mayonnaise (E) Sliced Chicken (CH) Ham (P)	Cheese (M) Tuna Mayonnaise (F)(E) Egg Mayonnaise (E) Sliced Chicken (CH) Flaked Salmon (F)
DESSERT included with all meal choices	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Chocolate Brownie (G) (E) (M)	Fresh Fruit Platter

All meals include each of the following options:

- Starter and dessert
- Drink option including : Plain Milk or Water
- Cruditites portion = Sliced Peppers, Baby Corn, Cucumber, 1/2 Cherry Tomatoes

Gluten (G) Celery (C) Crustaceans (CR) Egg (E) Fish (F ) Lupin (L) Milk (M)

Molluscs (MO) Mustard (MU) Nuts (N) Peanuts (PN) Sesame (SE) Soya(S)

Sulphites (SU)

Products Chicken (CH) Pork (P) Beef (B) Vegetarian (V) Fish (F)

May contains are not included. If you require further allergy information, please speak to a member of the catering staff.