

EAST RENFREWSHIRE LARDER (ERL)

@Whitecraigs Rugby Club

WHAT WE DO

We are a voluntary service that provides a variety of food and essential parcels to individuals, couples and families in need. We know that people often find themselves short through no fault of their own and they often don't qualify for benefits or traditional food banks - we are here for everyone!



COLLECTION TIMES

We are open on Mondays 11am - 1pm and Wednesdays 5pm - 7pm at Whitecraigs Ruby Club, Aurs Road, Newton Mearns for collection. This is a drive through service - you can stay in your car and one of our volunteers will check what you need and bring them to car.



OPEN

HOME DELIVERY TIMES

We are more than happy to deliver to your house as we know not all of us have access to transport. We can deliver on Mondays 11am- 1pm, Wednesdays 5pm - 7pm, Fridays 3pm - 5pm and Sundays 2pm - 4pm. Please text Jen on 07983 511623 or Rachel on 07752 624142.



WHAT WE OFFER

Food Parcels

PLEASE indicate preference of cereal and sandwich filler (Tuna, Ham or Cheese), Tea or Coffee and any allergies/food intolerance. -Sample Breakfast Parcel - Cereal, Milk, Bread, Jam
Sample Lunch Parcel - Beans, Soup, Bread, Ham, Crisps, Fruit
Sample Dinner Parcel - - Pasta, Pasta Sauce, Tinned Veg

Household & Personal Care Parcels

Household essentials (laundry detergent, cleaning products, toilet roll)
Personal Essentials - Soap, Shampoo, Toothpaste
Period Pack - Indicate Your Preference

SEE OUR FACEBOOK PAGE

**EAST RENFREWSHIRE LARDER @
WHITECRAIGS RUGBY CLUB**