

Curricular Areas

## Date: Wednesday 24<sup>th</sup> June 2020

Tasks



## Health and wellbeing

Choose a calm exercise card in the morning, before bed or when you need a moment to pause and feel calm and relaxed again.

The calm cards have been set up as a Seesaw activity.

## Spelling/phonics revision

**Rule:** Consolidation of all sounds and common words covered in Primary 3. You can work on these throughout the week and/or during the holidays. ©

The sounds and common words can be found on Seesaw.

## **Optional Tasks**

- Sumdog
- EducationCity
- BBC Bitesize Lessons
- French with Mr Innes
- Myleene Klass Classes
- Cosmic Yoga.
- Draw with Rob
- <u>https://www.bestideasforkids.co</u> m/sidewalk-chalk-ideas

