



Christmas

Kindness

Go for a nature walk with your family.

Let someone go first in a game.

Play a board game with your family.

Hide kind notes for others to find.

Feed the birds/wildlife.

Pick up litter in the playground.

Help set the table for dinner.

Tidy your bedroom without being asked.

Make a list of your happiest memories.

Tell someone how much you love them.

Switch off your electronic games and play outside.

Make cards for your family.

"A little consideration, a little thought for others makes all the difference." – Feyore.

GIVING
SHARING
WISHING
HOPING
DREAMING