## Health and wellbeing

Complete a workout of your choice: Jo Wicks
Cosmic Kids
Jump Start Jonny

## Spelling Review Week

Can you create your own new sport or game? Think Quidditch in Harry Potter this was entirely made up by JK Rowling. Can you write a set of instructions on how to play your new game?
Consider these questions as you create your new game.

- Will it be a team sport, or played individually?
- Is it an athletics-based sport, or a game?
- What will the scoring system be?
- Will it be a timed game? Or is the winner the first to reach a certain number of points?
- What do players have to wear? What kit will they need?
- What are the rules?


## Music:

Please use the PowerPoint from our Music specialist to practise ta/tete and the ball song we learned. Please use the link on the class blog as we cannot upload ppnts to Seesaw and this one has interactive links.
https://www.youtube.com/watch?v=0EFXCdryvRM
Family challenge - please see this week's challenge on Seesaw. You have to design your dream garden!

