

Crunch bars



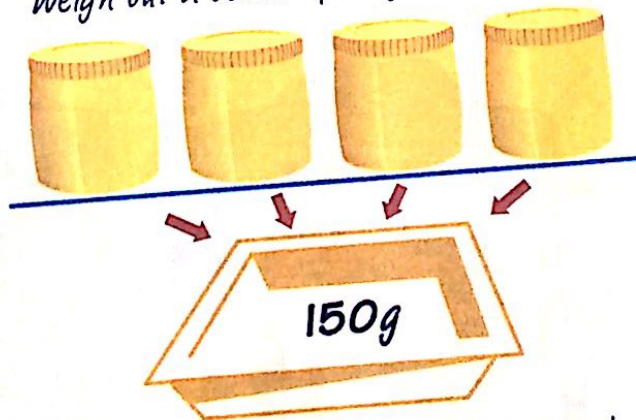
- 1 Make your own Crunch bar.

Crunch bar

- Choose **four** of these items.

dried fruit	oats	branflakes
cornflakes	nuts	coconut

- Weigh out a **total** of 150g.



- Mix with 100g of soft margarine and 2 tablespoonfuls of syrup.
- Press the mixture into a tray.
- Cut the crunch mixture into bars.

Gran: Monday
 Vote: Thursday
 Saturday:
 get a babysitter

Shopping list

eggs
 butter
 more T-bags

don't forget
 cat food

NB Dentist,
 Thursday 3.30

- 2 Make a wrapper for your Crunch bar.