

Have a look at the statements below and see if you can improve them by adopting a growth mindset:

I can't be bothered	If I do my best I will feel proud
I can't do this, it's too hard, I give up!	
I'm not good at this	
I can't do any better	
I am the best at this!	
I always make mistakes	
I always lose.	
This is good enough!	
I will never be that smart	
I tried a little bit.	