



## **Hold Still**

For this week's art challenge we are going to look at photography.

The Duchess of Cambridge and the National Portrait Gallery launched a photography competition last week with the aim of documenting what life is like across Britain during lockdown. I thought we could all have a go at taking our own photographs to keep as reminders for the future.

There are themes to help you find inspiration;

- Helpers and Heroes
- Acts of kindness
- Your new normal

Try to take a photo for each theme and make a collage about what lockdown is like for you and your family.

Photo's can be taken on mobile phones, ipads, tablets or even a camera!

If you would like to enter your favourite photograph to the competition, it is open to everyone and the details can be found on this link, or on the National Portrait Gallery website.

https://www.dpreview.com/news/1058143835/duchess-of-cambridge-launches-photo-competition-to-document-life-in-lockdown-britain



