





## Health and wellbeing

Log in at 9am for Joe Wicks the body coach or Super Movers. https://www.youtube.com/thebodycoach1 www.bbc.co.uk/supermovers

## Spelling/phonics revision

Rule: ness/ment Words: eyewitness, government, environment, awkwardness, guiltiness Likeness, equipment, weakness, catchment, goodness fitness, element, witness, torment, redness

## Skills Development

Photo task - Day 16

Movie Night task: complete Wednesday – see photo