

# Lockerbie Lockdown - Day 2

### Activity 1: Treasure Hunt

Can you create a treasure hunt for someone in your family to complete? You could create a trail that include clues/riddles that will lead them around the house or garden to a final prize or destination. Or, you could create a treasure map with numbered places, compass points and an "X" to mark the spot. You could even make the clues/map look old by using tea staining. Please share your creations on Seesaw for us all to have a look at!



# Activity 2: Marble Run



Explore the rules of physics and gravity by having a go at creating your own marble run out of equipment you have in the house or garden. The best thing about making your own marble run is that there are no rules at all. The aim of the game is to take your marble on an adventure through an imaginative assault course, using just gravity as 'fuel'. You could use things such as toilet roll tubes, plastic bottles, egg cartons, tin foil or anything else you can find lying around! If you don't have a marble you could use a ping-pong

ball, a tennis ball or roll up a piece of tin foil to make a ball. Have a look online for examples. Take a video explaining how you made your run and show us it in action!

### Activity 3: Movie Night

When in lockdown, there's nothing better than cosying up with a good film and some snacks! Design and plan a movie night (or afternoon) to have with your family, or connect with friends on Zoom/Houseparty/ FaceTime etc. and watch together virtually from your different houses. Choose a film that you think everyone will like, create a poster with details such as time and location, and make some snacks-there's lots of great popcorn recipes online that you could make! Post pictures of your efforts on Seesaw. Have fun!



# Daily Challenge: Climbing!



Today's challenge is to see how many times you can climb up and down your stairs in 5 minutes? If you don't have stairs, see how many times you can lap your garden or hallway in 5 minutes? At Lockerbie, the instructors encourage you to keep hydrated after each activity. Zaynab (Mrs Hussain's daughter) said one of the instructors didn't let them leave until they drank half their water bottle. So an extra challenge, is to time how long it takes you to drink a full bottle of water. You can share with us on Seesaw if you wish, good luck! Don't forget to keep yourselves hydrated

throughout the week!



# <u> Team Building</u>

At Lockerbie you would normally take part in lots of team building activities to strengthen your relationships across the stage before going to high school. Each day we're going to set you a team building activity to complete either with your family or virtually with your friends.

For today's team building you are going to take part in: **Animal Sizing**. The skills involved: critical thinking, listening skills, communication, risk taking and maths.

- Everyone needs to think of an animal, such as a dog, cat, gorilla, or giraffe.
- Without saying a word to each other apart from the noises that your animal makes and any gestures it commonly does, you need to arrange yourselves from largest to smallest based on the size of the animal.
- After you're all in a line, go down the line and ask each player what their animal was to see how accurate a job you did.

