## Speed, Distance, Time

## Distance $=$ Speed $\times$ Time

## Exercise 1



1. How far, in kilometres, can you travel:
(a) walking at $5 \mathrm{~km} / \mathrm{hr}$ for 3 hours?
(b) running at $6 \mathrm{~km} / \mathrm{hr}$ for 2 hours?
(c) cycling at $12 \mathrm{~km} / \mathrm{hr}$ for 6 hours?
(d) driving at $50 \mathrm{~km} / \mathrm{hr}$ for 8 hours?
2. Calculate the distance travelled by:
(a) a car, travelling at 60 m.p.h for 4 hours.
(b) a plane travelling at 600 m.p.h for 6 hours.
3. What distances are covered by the following:
(a) a van, travelling for 30 minutes at an average speed of 40m.p.h?
(b) a runner, runs for 1 hour 30 minutes, at an average speed of $6 m . p . h$ ?
(c) a speed boat ride lasts 2 hours 30 minutes, at an average speed of $80 \mathrm{~m} . \mathrm{p} . \mathrm{h}$ ?
(d) a plane journey of 4 hours 30 minutes, at an average speed 500m.p.h?
4. What distance is covered by an athlete, running at $14 \mathrm{~km} / \mathrm{hr}$ for 2 hour 15 minutes?

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## Speed $=$ Distance $\div$ Time

## Exercise 2



1. Use the formula to calculate the average speed of these journeys:
(a) 30 miles in 3 hour.
(b) 60 km in 5 hours
(c) 140 miles in 2 hours.
(d) 480 miles in 4 hours
2. Calculate the average speed of these journeys:
(a) 60 km in 2 hours
(b) 1200 miles in 8 hours.
(c) 30 km in 4 hours
(d) 42000 miles in 7 hours.
(e) 3600 miles in 6 hours.
(f) 200 miles in 2 hours.
3. Find the average speed of:
(a) a runner who averages 2 km in 15 minutes?
(b) a plane flying at 1000 miles in 2 and a half hours?
(c) a motor cyclist covers 90 km in 1 and a half hours?
4. Calculate the average speed in miles per hour of a plane flying from:
(a) London to Milan, 2000 miles in 4 hours.
(b) Edinburgh to Belfast, 560 miles in 2 hours.
