## <u>Speed, Distance, Time</u>

**D**istance = **S**peed x **T**ime

## <u>Exercise 1</u>

1. How far, in kilometres, can you travel:

(a) walking at 5km/hr for 3 hours?

(b) running at 6km/hr for 2 hours?

(c) cycling at 12km/hr for 6 hours?

- (d) driving at 50km/hr for 8 hours?
- 2. Calculate the distance travelled by:
  - (a) a car, travelling at 60 m.p.h for 4 hours.
  - (b) a plane travelling at 600 m.p.h for 6 hours.
- 3. What distances are covered by the following:

(a) a van, travelling for 30 minutes at an average speed of 40m.p.h?
(b) a runner, runs for 1 hour 30 minutes, at an average speed of 6m.p.h?
(c) a speed boat ride lasts 2 hours 30 minutes, at an average speed of 80m.p.h?
(d) a plane journey of 4 hours 30 minutes, at an average speed 500m.p.h?

4. What distance is covered by an athlete, running at 14km/hr for 2 hour 15 minutes?



## <u>Speed, Distance, Time</u>

**S**peed = **D**istance ÷ **T**ime

## Exercise 2



- 1. Use the formula to calculate the average speed of these journeys:
  - (a) 30 miles in 3 hour. (b) 60km in 5 hours
  - (c) 140 miles in 2 hours. (d) 480 miles in 4 hours
- 2. Calculate the average speed of these journeys:
  - (a) 60km in 2 hours . (b) 1200 miles in 8 hours.
  - (c) 30 km in 4 hours (d) 42 000 miles in 7hours.
  - (e) 3 600 miles in 6 hours. (f) 200 miles in 2 hours.
- 3. Find the average speed of:
  - (a) a runner who averages 2 km in 15 minutes?
  - (b) a plane flying at 1000 miles in 2 and a half hours?
  - (c) a motor cyclist covers 90 km in 1 and a half hours?
- 4. Calculate the average speed in miles per hour of a plane flying from:
  - (a) London to Milan, 2000 miles in 4 hours.
  - (b) Edinburgh to Belfast, 560 miles in 2 hours.