

# <u>Lockerbie Lockdown - Day 3</u>

## Activity 1: Scavenger Hunt

If you can, go for a walk in your local area and try to complete the scavenger hunt, John Muir style (see attached sheets). You could go to: Broom Park, Shawwood Park, Rouken Glen Park or anywhere else where there is lots of nature! Spend time looking for the items on the list and take photos when you find them. Let's see who can find the most! Photographic evidence will be needed though! You could even download the iNaturalist app which lets you identify the plants, trees and creatures you encounter!



## Activity 2: Get Creative

There are many interesting items you can make using natural materials as well as things found in the house. Please post any creations on Seesaw. You can choose from:

 Have a go at whittling! Usually whittling involves carving shapes out of wood with a knife, however you can also carve vegetables. This is a video showing how you can make a flute and a recorder from a carrot! <u>https://www.youtube.com/watch?v=ro8xEvYLR\_Q</u> or if you have adult supervision you could have a go at whittling something from wood.



out!

- Make a kite! Kites can be made from items such as: plastic bags, paper, baking parchment, sticks, string and ribbon. There are loads of videos and tutorials online that show you how it can be done. See if you can have a go at making one and don't forget to test it
- Make a bird feeder! This site has lots of ideas (some easier than others) for making your own feeders. Have a go and see how many birds

you can attract to your garden or window! https://www.diyncrafts.com/3515/home/23-diy-birdfeeders-will-fill-garden-birds

### Activity 3: Star Gazing



If it's a clear night, go outside and look up at the sky. See if you can : pot any constellations, planets or satellites. You can download the app Sky View and use it to help you find anything interesting in the sky. Even if it's cloudy the app will still show you what's hidden behind the clouds! You could even take some blankets and hot chocolate outside and spend time looking for shooting stars!



#### Daily Challenge: Climb a Tree

While out on your scavenger hunt try to find a tree that looks good for climbing! See how high you can get and make sure you take photo evidence! Please be careful and only do this if you are with an adult! Can you figure out a way to measure how high you managed to climb?





#### Team Building

At Lockerbie you would normally take part in lots of team building activities to strengthen your relationships across the stage before going to high school. Each day we're going to set you a team building activity to complete either with your family or virtually with your friends.

For today's team building you are going to take part in: **Jog Your Memory**. The skills involved: critical thinking, communication, observation and memory.

You need: approximately 20 items commonly found in nature, such as an acorn, maple leaf, berry, flower and mushroom.

- Arrange all the items on the ground
  - Divide everyone into equal groups
- Allow one person from each group to view the items at a time, followed by the next person in each group until everyone has had 15 seconds to see the items
- Set a time limit of two minutes for the teams to write down as many items they can remember. This time allows teammates to quietly discuss among themselves what they remember seeing on the table
  - The team that remembers the most items wins

