

Primary 7 Daily Plan

Date: Friday 1st May 2020



Curricular Area	Tasks
Numeracy and Maths	 Starter – complete maths 5-a-day. Choose from gold or platinum, or do both if you wish. Gold - https://corbettmathsprimary.com/wp-content/uploads/2018/06/gold-may-1.pdf Platinum - https://corbettmathsprimary.com/wp-content/uploads/2018/06/platinum-may-1.pdf
	 Activity – complete the textbook pages – Topic in a Nutshell. Activity – money worded problems.
Literacy and English	Literacy Create a radio broadcast or video summarising your 4 weeks of home learning and time in social isolation so far. Upload it onto Seesaw for us to have a listen.
	Activity – Read Theory – complete 5 passages. Game – Play some literacy games on Education City. Make sure they are second level.
Spelling N/G	Chilli Challenge Spelling Rule: "a" followed by a double letter Spelling City - https://www.spellingcity.com/users/ShabanaHussain Click on the link above to access this week's Chilli Challenge spelling words. You can try all 3 levels but make sure you focus on the level of challenge you have selected this week. Click on the GAMES tab to access.
Other Curricular Areas	Expressive Arts – Art Research a famous Scottish artist and create a piece of art in their style.
Health and Wellbeing	Mindfulness Visit https://family.gonoodle.com/channels/flow. Do some mindfulness exercises alone or with family. Positive Affirmations are positive messages or mantras that you repeat to yourself. They can help you reach a goal, change a mindset or improve self-esteem. An example is "I am determined. I know I can always improve". Create 5 positive affirmations of your own and remind yourself of these every day. You could say them to yourself in the mirror, or write them on post it notes to display somewhere.