



## Lockerbie Lockdown - Day 5

### Activity 1: Al Fresco Dining

At Lockerbie you might have had the chance to cook a meal outside, usually on a campfire. Why don't you have a go at doing something similar today? If you have an adult who could help you, you could try making your own campfire or maybe you have a BBQ that you could learn how to cook on. If these aren't possible you could prepare food in your kitchen and set up a picnic in your garden. Think about making the dining area look attractive with blankets and cushions and any decorations you can find in your house. If you don't have a garden, you could have the picnic in your living room instead! Make sure to ask an adult first.



### Activity 2: Fly or Tie!

Have a go at some technology challenges! You could make some paper aeroplanes and see how far each design can fly. Maybe you could host a paper aeroplane competition with your family! Remember you have an advantage, because you did this last month as a paper technology challenge. Good luck!

<https://www.foldnfly.com/&/1-1-1-1-1-1-1-2>

You could also try learning how to tie different styles of knots - a skill which is very useful in the wilderness.

<https://www.animatedknots.com/sheet-bend-knot>

### Activity 3: Quiz

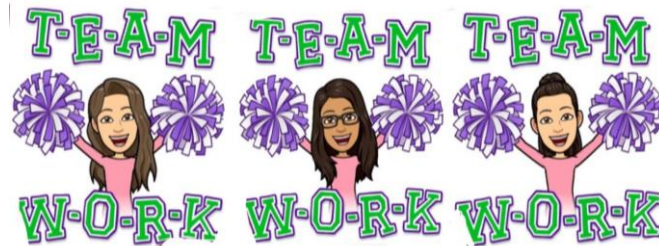
Create a quiz night for your family. Design posters to advertise it and think about how the quiz will work: Who will host it? How will people win points? Are there different rounds? Will you read the questions, or will there be a slide show? You could also visit Kahoot and see if you could create your quiz on there. If you do, share the link with us on Seesaw so we can have a go too.



## Daily Challenge: Marshmallows



As part of your Al Fresco dining experience you might be toasting some marshmallows. Your challenge today is to see how many marshmallows or similar edible item you can fit in your mouth! This can be lots of fun but **PLEASE MAKE SURE YOU ONLY DO THIS WITH AN ADULT PRESENT.**



### Team Building

At Lockerbie you would normally take part in lots of team building activities to strengthen your relationships across the stage before going to high school. Each day we're going to set you a team building activity to complete either with your family or virtually with your friends.

For today's team building you are going to take part in: **Spider Web.**

The skills involved: critical thinking, evaluating, resilience and physical activity.

You need: wool or string

- Build a "spiderweb" using wool or string, built between either two trees or two chairs. This might depend on whether you can get outside or not.
- Make sure the gaps between the string are of varying sizes and heights.
- Players have to pass through the web without touching it.
- If someone does touch it, they must restart the obstacle.
- To make it more difficult, have more than one person at a time passing through the web.
- To encourage cooperation, you could work in pairs / small groups to assist the person as they make their way through the web. Have fun!



Please remember to ask an adult before doing some of these activities.