



High School Induction - Day 2

Welcome to your virtual transition day 2!

Below are a range of activities to help you with the transition to high school. During your induction days, you would usually spend time getting to know other pupils across the cluster primary schools, so some activities will require you to work virtually with friends. We look forward to seeing your progress on Seesaw. Have fun!

Some of the activities discussed below can be found on the P7 Transitions area of the Mearns Castle Website. You can access this by going to their website, finding the “Pupils” drop down menu and clicking on the top option “P7 Transitions 2020” or by typing the following into your web browser:

<https://blogs.glowscotland.org.uk/er/MearnsCastle/p7-transitions-2020/>

1. Support for Learning and Pastoral Support

Activity 1 – on the Mearns Castle website in the P7 Transitions area there is a section called “Pastoral Support”. Here there are two videos with messages from the Support for Learning Department and the Pastoral Support Teachers.

Please watch both of these videos to become familiar with some of the faces you will be seeing next year. Can you work out:

- Who your pupil support advisor will be?
- What house you will be in when you go to Mearns Castle?
- Which other pupils from our P7 stage at Kirkhill will be in your house?



There is also a PowerPoint called “Transition Info May 2020” which contains even more information on this subject.

Activity 2 – fill out the “P7 Transition Form (All About Me)” on Google Forms. You can find the link for this just above the Pastoral Support videos.

Extra – if you would like some more information about Pupil Support, there are several other things for you to look at:

- A PowerPoint called “Pastoral Support Social Story (Moving On Up)”
- Moving On Magazine 2019 Newest Version
 - Transition Booklet

There is also a booklet your parents can look at called “SfL Parent Booklet”.

2. Social Subjects

Activity 3 – using Google Maps or another map of your choice, search for your local area. Find and plan your route from home to the high school. Highlight the journey that you will take to school every day to become more familiar with the streets and surroundings.



Once you have completed this, have a practise run of walking your preferred route to school. Maybe try coming back a different route. Time them both and see which is quicker. This can be part of your daily exercise allowance.

After your practise, you should be able to discuss the following questions with someone at home:

- How many possible routes are there?
- How long will your journey to school take?
- What time will you need to leave in the morning?
- How will you get home from school?

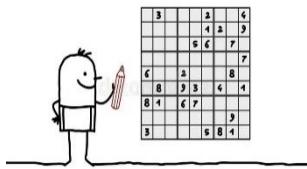


Activity 4 – on the Mearns Castle website in the P7 Transitions area, find the section labelled “Social Subjects” and complete the tasks in the linked PowerPoint.

There are four challenges to help you “Race Across the World” that you can complete either alone or virtually with a friend. You will need to think about what makes a good teammate, famous people, famous landmarks, as well as solve riddles.

3. Mathematics

Activity 5 – on the Mearns Castle website in the P7 Transitions area there is a section called “Maths”. Here there are two videos with messages from Mr Stewart, the Principle Teacher of Maths. Please watch both of these videos.



In this section, there is also a booklet label led “Induction Booklet 2020-2021”. Please complete the Sudoku and Wordsearch from this booklet.

Activity 6 – complete the “Figure out your Timetable” maths activity which is attached as a template. Look at the example timetable and answer the questions listed beneath it. This will help you to become more confident when using your own high school timetable. You can work virtually with a group of friends and quiz each other on each section if you wish.



4. Information Technology

Activity 7 – on the Mearns Castle website in the P7 Transitions area there is a section called “ICT”. Here you will find a document called “ICT Research Activity”.

Please complete this task. You will need to use the internet to research information about Walt Disney, the man behind the movies. You will also be asked questions about different Disney films that you probably will have seen, for example who plays certain characters.



Activity 8 – one of the first things you will need for high school is your timetable. We are not sure yet whether you will receive yours next week during your transition visit, or in August when you officially start high school.



However, we would like you to create a skeleton timetable on a computer so that when you receive your official paper copy you are ready to put in the subjects, teachers and rooms right away. You can use the example from the Maths task to help you.

You should think about:

- What information will you need to include?
- How many periods per day? What time will each period start and finish?
- What time you will finish each day? Some days are longer than others.
 - Will each subject have its own colour?

5. Drama

Activity 9 – on the Mearns Castle website in the P7 Transitions area there is a section called “Performing Arts (Drama & Music Activity)”. Here you will find a link called “P7 Tasks June 2020 Drama”.

In this PowerPoint you will be introduced to the drama teachers within Mearns Castle. There is also a task to complete called “Who’s Phone Is it?” Please do this do this task. There is a template in the same place if you want to fill that out.



Activity 10 – role play the following scenarios relating to friendship with others:

- You join a school club and are introducing yourself to new pupils.
- You invite someone to sit with you at lunch.
- You are working in a group with people you don't know yet.

With someone else, discuss the different ways you can make new friends in high school and the importance of friendship. Create your own short improvisation to show this.



6. Science

In high school, you will get to take part in lots of fun scientific experiments and investigations. Usually when you visit the school, you get to see the science department and sometimes even try out an experiment or two.



Activity 11 – on the Mearns Castle website in the P7 Transitions area there is a section called “Science”. Here you will find a link called “Science Transition Task”. There are instructions for an experiment to do with your Pulse and Heart Rate. Have a go at completing this task.

Activity 12 – for our other experiment, we are going to make our own lava lamps at home. Please make sure that you have adult supervision for this task.

You will need: a plastic bottle, water, vegetable or baby oil, food colouring and salt.

- Fill the plastic bottle to $\frac{3}{4}$ full with water.
- Add a few drops of the food colouring of your choice into the bottle.
- Fill the rest of the bottle with oil. Leave about 2 centimetres empty at the top of your bottle.
- To achieve the lava lamp effect, spoon in some salt in a circular motion.
- The bubbles should start to emerge from the bottom of the bottle as the salt sinks.



Take some pictures and videos of your lava lamp to post on Seesaw.

7. Food and Health Technology



During Food and Health Technology lessons, you get to practice your cookery and sewing skills. You can try out lots of different recipes and work as a team to make delicious meals.

Activity 13 – on the Mearns Castle website in the P7 Transitions area there is a section called “Food and Health Technology”. Watch the video of Mr Thomson telling you a bit more about the subject, introducing the staff, and talking about the rotations you will do.



There are also two tasks here:

1. How to make a friendship bracelet.
2. How to make Oreo truffles.

You can complete either one or both of these.

