

Primary 7 Daily Plan

Date: Thursday 30th April 2020



Curricular Area	Tasks
. 03 2 V	<u>Numeracy</u>
9- 7- 420 5 5 61	 Starter – money worded problems.
Numeracy and Maths	 Activity – complete the textbook pages (Exercise 3) – converting back to pounds.
	 Log into Sumdog and play some games to sharpen your mental maths skills.
\$ 1 × 1 × 2 × 5 × 5 × 5 × 5 × 5 × 5 × 5 × 5 × 5	<u> Novel Study – Wonder</u>
Literacy and English	Complete up to three <i>different</i> activities from Task Map 2.
	Remember all the tasks relate to the pages we have sent you.
Spelling NG	Chilli Challenge Spelling
	Rule: "a" followed by a double letter
	Activity: Choose a different activity from the P7 Active Spelling Strategies sheet.
Other Curricular Areas	Science - SSPCA Adventure Tails
	The SSPCA have created an activity pack to teach you some amazing facts about the animals that we have
	living here in Scotland. Over the next few months, they will be releasing more stages to complete. This is number 1 — orange. This week:
TIME TO SEE	 There are 8 activities in the Spring/Summer section — complete 4 of these.
	 There are 8 activities in the Autumn / Winter section – complete 4 of these.
	 Answer Gibson's trivia questions on each page (if you get stuck, check page 26 for clues).
	<u>Mindfulness</u>
	Visit https://family.gonoodle.com/channels/flow. Do some mindfulness exercises alone or with family.
Health and Wellbeing	Positive Affirmations are positive messages or mantras that you repeat to yourself. They can help you reach a
	goal, change a mindset or improve self-esteem. An example is "I am determined. I know I can always improve".
	Create 5 positive affirmations of your own and remind yourself of these every day. You could say them to
	yourself in the mirror, or write them on post it notes to display somewhere.