**Food and Drink Federation** (**FDF**) Scotland are delighted to work with Brakes Scotland to launch the **2019 Braw Lunch Brake Challenge** with partners, Royal Highland Education Trust, ASSIST FM, Education Scotland, Skills Development Scotland and Developing Young Workforce.

This competition is open to all P5, 6 and 7 pupils across Scotland. FDF are looking for the industry stars of the future.

**Your Task**

We would like pupils to develop an innovative, healthy dish that includes local Scottish produce that would appeal to them and their fellow pupils?

The winning entrant from each stage will then be asked to prepare their healthy dish and serve it to the Leadership Team on Wednesday 8 May 2019. The winning dish will then be submitted to the national competition.

**Why are we participating in this competition?**

By participating in this activity food education in school will be enhanced through:

* Encouraging greater understanding of the food chain from field to fork and sea to plate
* Supporting educated food choices
* Developing an understanding of the real world of work and how businesses operate and the skills required by employers

And it may spark an interest for their future career.

 For further information, please click on the link below

<http://www.fdfscotland.org.uk/sfdf/the-braw-lunch-brake-challenge.aspx>

**What happens once the winning entry from Kirkhill Primary has been decided?**

**Friday 10th May**  
Initial dish ideas from each team/school to be submitted. A team of judges from the partner organisations will then select ‘the best 6’ healthy dish ideas to go onto a grand final at City of Glasgow College.

**Friday 17th May**

Schools will be contacted no later than Friday 17th May on whether they have made the final.

**Thursday 6th June 2019**  
It’s finals day! Shortlisted teams will be asked to:

* Prepare a presentation (no more than 5 minutes) to present to an audience of dragons and other pupils from the other shortlisted schools.
* Recreate their dish in the professional kitchens with help from City of Glasgow College hospitality students and lecturers.
* Take part in a tour of the college facilities
* Hear the partner organisations discuss careers and job/ work opportunities in the food and drinks industry.