SCHOOL REFUSAL ASSESSMENT SCALE – REVISED (PARENT VERSION)

Name:

Date:

Please circle the answer that best fits the following questions:

1. How often does your child have bad feelings about going to school because they are afraid of something related to school (for example, tests, school bus, teacher, fire alarm)?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child stay away from school because it is hard for them to speak with the other people at school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child feel they would rather be with you or your partner than go to school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. When your child is not in school during the week (Monday to Friday) how often do they leave the house and do something fun?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often do your child stay away from school because they will feel sad or depressed if they go?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child stay away from school because they feel embarrassed in front of other people at school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child think about you, your partner or your family when in school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. When your child is not in school during the week (Monday to Friday), how often do they talk to or see other people (other than immediate family)?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child feel worse at school (for example scared, nervous or sad) compared to how they feel at home with friends?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child stay away from school because they do not have many friends there?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How much would your child rather be with you or your family than go to school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. When your child is not in school during the week (Monday to Friday), how much do they enjoy doing different things (for example being with friends, going places)?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child have bad feelings about school (for example, scared, nervous, or sad) when they think about school on a Saturday and Sunday?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child stay away from certain places in school (e.g. hallways, places where certain groups of people are) where they would have to talk to someone?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How much would your child rather be taught by you or your partner at home than by their teacher at school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child refuse to go to school because they want to have fun outside of school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. If your child had less bad feelings (for example, scared, nervous, sad) about school, would it be easier for them to go to school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. If it were easier for your child to make new friends would it be easier for them to go to school?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. Would it be easier to go to school if you or your partner went with them?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. Would it be easier for your child to go to school if they could do more things they like to do after school hours (for example being with friends)?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How much more does your child have bad feelings about school (for example, scared, nervous or sad) compared to other people their age?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. How often does your child stay away from school compared to other people their age?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. Would your child like to be at home with you or your partner more than other people their age would?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

1. Would your child rather be doing fun things outside of school more than most people their age?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never | Seldom | Sometimes | Half the Time | Usually | Almost Always | Always |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

Questionnaire End

Scoring

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Function 1 | Function 2 | Function 3 | Function 4 |
| 1. |  | 2. |  | 3. |  | 4. |  |
| 5. |  | 6. |  | 7. |  | 8. |  |
| 9. |  | 10. |  | 11. |  | 12. |  |
| 13. |  | 14. |  | 15. |  | 16. |  |
| 17. |  | 18. |  | 19. |  | 20. |  |
| 21. |  | 22. |  | 23. |  | 24. |  |
| Total Score | = |  | = |  | = |  | = |  |
| Mean Score (TS/6) | = |  | = |  | = |  | = |  |
| Relative Raking | = |  | = |  | = |  | = |  |