



## **Bereavement Charter FOR SCOTLAND**

# **A Bereavement Charter for Children and Adults in Scotland**

This Charter provides a set of statements which describe how in Scotland we can support a person or a group of people experiencing bereavement. Good bereavement care is a human right. This Charter is underpinned by a desire to make sure that in Scotland, we can do all that we can to support people who might be experiencing difficulties following the death of someone they know or somebody in their community. It is the responsibility of everyone within Scotland to ensure that this is achieved. These are our statements:

### **IN SCOTLAND, PEOPLE WHO HAVE BEEN BEREAVED SHOULD:**

- be treated with compassion, empathy and kindness
- have their wishes, choices and beliefs listened to, considered and respected by all

### **SCOTLAND SHOULD BE A PLACE WHERE:**

- grief, bereavement and death are recognised as a natural part of life
- there is an open culture which is supportive of people having the opportunity to grieve
- accessing support (including emotional, practical, financial, social, and spiritual) is seen as a right
- efforts are made to ensure that adequate bereavement support is accessible for everyone
- people have space and time to grieve
- it is recognised that bereavement might affect all aspects of a person's life (e.g. relationships, school, workplace)

### **IN SCOTLAND, PEOPLE ARE SUPPORTIVE OF FRIENDS, FAMILY AND COMMUNITY MEMBERS WHO HAVE BEEN BEREAVED, WHICH MEANS THAT:**

- people's needs and grief reactions are recognised and acknowledged as being different at different times
- grief and bereavement can begin before death and can be lifelong
- people who have been bereaved should feel supported to talk about the person who has died if they wish to
- bereavement and grieving can be experienced by the whole community and not just by individuals
- there is help to know where to refer or signpost people to for additional support

**The Charter and additional information can be found at  
[www.scottishcare.org/bereavement](http://www.scottishcare.org/bereavement)**