

THE IMPACT OF COVID ON TEACHERS AND EDUCATION STAFF



EMOTIONAL, BEHAVIOURAL AND PHYSICAL IMPACT



negatives

Increased anxiety

Overwhelmed

Lonely

Increased anxiety

Exhausted

positives

Increase in self care

'Taking each day as it comes'

More resilient

Adapting to the 'new normal'

New skills and hobbies



RELATIONSHIPS

Lack of interaction with pupils

Difficulty having online relationships with colleagues

Stronger personal

Closer family relationships

Benefits of working as part of cohesive team



HOME/LEARN WORKING

Burn out

Work invading home life

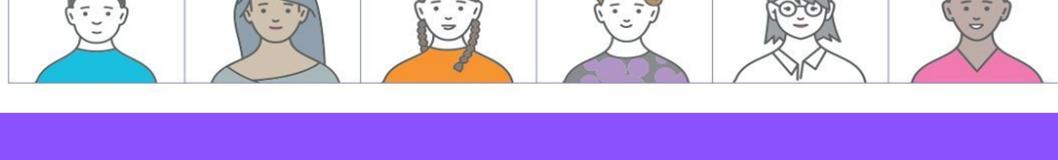
Working in 'quick sand'

Missing interaction with pupils and colleagues

Increased flexibility



HEALTHIER MINDS



The Impact of Covid: Staff Survey and Session

March 2021

East Renfrewshire Educational Psychology Service