

Wednesday 22nd April

Mrs MacDonald

[SchoolMail@crossarthurlie.e-
renfrew.sch.uk](mailto:SchoolMail@crossarthurlie.e-renfrew.sch.uk)

Twitter @crossarthurlie



SCHOOL NEWS

- Welcome back to our new term. I hope you had a relaxing time with your families.
- Please remember to log-on to your Google Classroom to find you work and catch up with your teacher and friends... some children have had birthdays this week and were able to share this with their class
- If you have any problems with Google Classrooms please email me: schoolmail@crossarthurlie.e-Renfrew.sch.uk

Learning at home

Yesterday we sent out information for parents, hopefully this will help make sure you keep learning, even although you are not in school. Some top tips are...

- ✓ Try to work on a routine for yourself and family
- ✓ Have fun with learning
- ✓ Log in regularly to your Google Classroom but don't stay on-line all day
- ✓ If you get stuck, take a break and come back to it
- ✓ Get exercise and fresh air

SINGING

This is one of my favourites as it reminds us that we have choices to 'build up' or 'tear down'.

You can do the actions too 😊 (I've added two links ... I hope one of them works for you)

https://www.google.com/search?q=fischy+music+build+up&rlz=1C1GCEB_enGB888GB888&oq=fischy+music&aqs=chrome.4.69i57j0l5.6974j0j7&sourceid=chrome&ie=UTF-8&safe=active

<https://www.fischy.com/songs/build-up/>

OUT ON MY WALK

Probably like many of you I have been out walking near where I live. It is interesting how the actions of others, even people that I don't know, have made me feel built up and encouraged, but also pulled me down and made me sad.

I know that lots of you have been creating rainbows to put in windows. In your own house or for family and neighbours.

I love seeing these . They build me up and remind me I am not alone in all of this.

How to Grow a Rainbow

You will need:

- Kitchen roll/paper towel
- Felt tip pens
- Two small bowls of water
- Paper clip
- Thread



1. Cut your kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tips about 2 cm up on both sides.
3. Attach your paper clip to the top and tie a piece of thread to it. This will give you something to hold your rainbow with.
4. Fill each small container with water.
5. Hold your rainbow with the ends slightly submerged in the water then watch your rainbow grow!



THE SCIENCE

A brief introduction to 'capillary action'! Water molecules like to stick to things - including themselves. Sticking to things is called *adhesion* and sticking to itself is called *cohesion*. The fibres in kitchen roll make lots of little holes. Water is 'sucked' through the holes because of adhesion (liking to stick to other things) and cohesion (liking to stick to itself) means the rest of the water follows. The water pressure will eventually slow down and the pressure of gravity will mean it stops moving.

@MrsBpriSTEM

LITTER



Unfortunately as well as being 'built up' I have been 'pulled down' by the actions of others.

Seeing all this litter in the countryside, so near to the fields where sheep and their lambs are eating made me both sad and angry. I know you all know the importance of **Reduce, Re-use Re-cyle** so sad not everyone does.

#XAcolourhunt

In order to focus on the 'building up' rather than 'pulling down' I thought we could start a Cross Arthurlie **Rainbow**.

Each week, working through the colours of the rainbow, we could put something new (teddy, toy, picture or inspirational message) in windows sharing the idea with friends and families to show us how connected we are.

When we're out walking we could hunt for our Cross Arthurlie colour of the week.

#XAcolourhunt

- These could be counted or you (or a grown up) could take pictures and post them on your Google Classroom or the school Twitter page @crossarthurlie using the hashtag #XAcolourhunt
- Today until next Wednesday is week 1 and the colour of the week is **red**

Happy hunting