



## Cart Mill Family Centre

### Nappy Changing Policy

Children benefit from warm, responsive and sensitive interactions and nappy changes are no different. Nappy changing provides a great opportunity to spend valuable 1:1 time with children.

Please consider how long a child may have been in their nappy before coming to nursery

#### Prepare Area

##### Wash Hands

Sanitise the changing station and waterproof changing mat. (Do not use if torn) before use.

##### Wash Hands

- Put on white plastic apron and disposable gloves.
- Use child's own wipes and nappy/pull-up
- Double bag soiled nappy/pull-up and used wipes. (Tie bag to seal)
- Put soiled clothing into a plastic bag – double bagged.
- Label the bag with the child's name, date and time of change. Store in an individual, labelled, plastic container in the changing area.
- Register child's name, time and date of change on daily record sheet in changing area.
- Remove apron and gloves.
- Dispose into yellow bin provided.

#### Clean Area

- Use cleaning products to clean changing area.
- Dispose of used PPE into yellow bin.

##### Wash Hands

For further information on nappy changing see: [nappy-changing-guidance-2024.pdf](https://www.careinspectorate.com/nappy-changing-guidance-2024.pdf) ([careinspectorate.com](https://www.careinspectorate.com))

\*\*\*cleaning products must be kept out of reach of children\*\*\*

***UNCRC Article 3 – Adults must do what is best for me***