**Cart Mill Family Centre**

**Nappy Changing Policy**

**Prepare Area**

Wash Hands

Use Sterex + provided to sanitise the changing station and waterproof changing mat. (Do not use if torn) before use.

Wash Hands

* Put on white plastic apron and disposable gloves.
* Use child’s own wipes and nappy/pull-up
* Double bag soiled nappy/pull-up and used wipes. (Tie bag to seal)
* Put soiled clothing into a plastic bag – double bagged.
* Label the bag with the child’s name, date and time of change. Store in an individual, labelled, plastic container in the changing area.
* Register child’s name, time and date of change on daily record sheet in changing area.
* Remove apron and gloves.
* Dispose into yellow bin provided.

Wash Hands

Further Preparation

* Put on fresh disposable apron and gloves.
* Put on clean nappy/pull-up.
* Dress the child.
* Take the child back to the playroom.

Clean Area

* Use Sterex + provided to clean changing area.
* Dispose of used PPE into yellow bin.

Wash Hands

Wash Hands again once entering the playroom.

**For further information on nappy changing see:** [nappy-changing-guidance-2024.pdf (careinspectorate.com)](https://hub.careinspectorate.com/media/5638/nappy-changing-guidance-2024.pdf)