

Hi everyone,

It's been a very busy week at Cart Mill and it's hard to believe that this time last week some of us were on holiday!

Nut Free & Kiwi Free Zone!

Food allergy is common so we need to reduce the potential risks of children or staff having a severe allergic reaction where they would require to use their EpiPen.

Please do not bring any kiwis or nuts or kiwi/nut flavoured items for your child's snack or in their bag for after nursery. Thank you for your help with this.

Halloween

Children are welcome to come to nursery dressed up in a fancy dress costume of their choice on Tuesday 31st October. As some children don't like to dress up and we wish to respect your family beliefs we'll leave the decision to dress up or not with you.

We are not here to scare anyone and are very aware of the emotional needs of lots of our children so please be assured that we will have a really low key Halloween day.

We ask children not to wear masks or face paint and discourage lots of accessories as these may scare, get lost or damaged and we don't want crying skeletons or sad fairies with no tiara!

Children may want to remove their costume so please ensure that they have clothes in their bag to change into. Please be mindful that toileting may be an issue if children can't undo fastenings at the back of costumes. Thanks for helping with this.

Stay and Play

Since August we've invited parents and carers to 'Stay & Play' and these sessions have been really well attended. It's always lovely for children to share with parents and children's special grown up what they play with and who their people are at nursery.

As this is such a special time for you and your child we ask that you choose a time to attend when younger or older siblings can be left with others so the focus is on your nursery child and their experience and relationships.

Lunches

We're sure you'll have noticed on the chalkboard at our entrance that the menu for lunches has changed. Please have a chat with your child about this as some children knew the lunch options across the week and this may cause some confusion if they're looking forward to a particular lunch.

We have just finished Week 1 of the new menu.

[Nursery lunch menu - East Renfrewshire Council](#)

Mini-Kickers

We have just had our second Mini-Kickers session and children have loved the opportunity to play team games led by a trained coach.

Please find attached information from ERC regarding further opportunities for Mini-Kickers sessions.

What to do if your child is unwell?

If your child is vomiting or has diarrhoea they should not attend nursery until 48 hours after the last episode to prevent spreading any infection to others. Further information can be read by clicking on the link: [NHS Inform](#)

The latest update from Care Inspectorate states that children with unexplained rashes should be considered infectious until assessed by a doctor.

Please be assured that we follow Care Inspectorate and NHS guidance to protect the health of all the children and to ensure that we have healthy staff to care for them.

Can you help?

If you are out for a walk or tidying up your garden this weekend perhaps you could help us. Our very creative children continue to need a supply of conkers, leaves, twigs, dried flowers, acorns, pine cones, feathers etc. for their autumnal artwork and loose part play.

If you want to know more about loose parts please click on the link for further information [Loose Parts](#)

Fostering Independence

This week we would really encourage children to say 'hello', 'hi', 'morning' or wave when they arrive and 'bye' or wave when they leave. Greeting and saying 'bye' are important social words and really help children connect with others.

Support for Parents and Carers

We've been asked to share the attached information to support parents from priority family groups to increase their income through achieving employment, training and further education. Please read the attached leaflet for further info.

As always, please do not hesitate to contact us if you have any queries, concerns or positive comments.

If you are unable to speak in person please email or phone...there's always someone there during the hours of 8am-6pm to listen.

I hope you have a lovely weekend with your family.

Many thanks
Angela Kerr