

Cart Mill Family Centre Newsletter March 2021



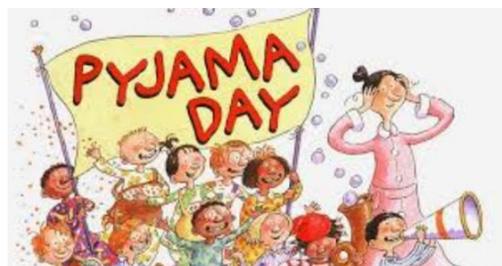
World Down's Syndrome Awareness Week 15th - 19th March

Lots of socks is a fun initiative to raise the profile of Down's Syndrome throughout the world. The Awareness Day for us will be **19th March** and this will be our chance to raise awareness with our children and their families. Why socks? Well, because chromosomes look like socks and people with Down's Syndrome have an extra chromosome! "Lots of Socks" is acknowledged around the world as being associated with Down's Syndrome.

We would like all of our children and staff to wear odd socks on **Friday 19th March** and **donate £1** which we hope will raise lots of much needed money for Down's Syndrome Scotland.

Pyjama Day

I think we all deserve a pyjama day and we will have one on **Thursday 11th March**. We will be reading stories, listening to music, doing yoga and just feeling relaxed and cosy as we play.



Spring Holidays

This year Easter Sunday is on 4th April and this means that **our centre will be closed on Friday 2nd April and Monday 5th April.**



Easter Hats



We would love you to create an Easter hat with your child that they can wear during our Easter fun week from Monday 29th March to Thursday 1st April. It's a lovely creative experience that you can share with your child at home and we can't wait to see the hats you make.

We are a nut free Centre

Easter Craft Bag

We will be unable again to host our Coffee and Craft event for families to work with their children on a selection of Easter crafts in our centre. But we will be sending home an Easter craft for you and your child to make at home. The Easter Craft Bag will be sent home with your child during our Easter fun week.



Easter Egg Hunts



During Easter Fun week we will hold our Easter Egg Hunts. We have chocolate eggs for the children to find but we are aware that there are children with allergies who will not be able to eat these eggs. If your child has an allergy and you would like to give us a treat/egg that they are allowed then we will make sure that they get this during the egg hunt.

Forest School

We have two forest school groups ready to go this term and we have groups planned for next term too. We are making sure that all of our pre-school children have had this outdoor experience before they leave us. If your child is going to the forest this term please make sure they have a warm jumper or fleece and some cosy socks for wearing with their wellies.



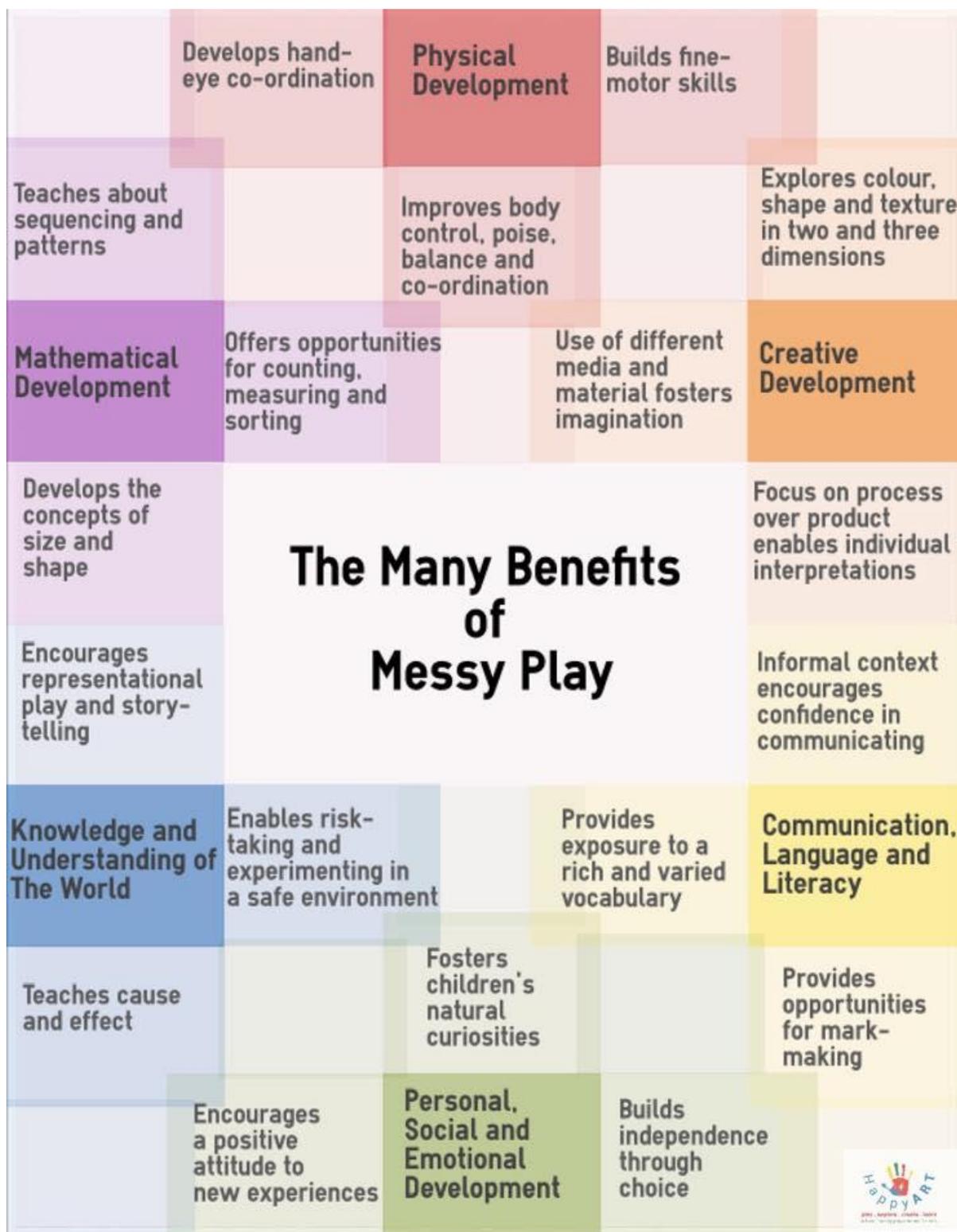
Messy Play

Our children are given the opportunity each day to take part in messy play indoors and in our garden. The benefits for children's development are shown in the image below and include:

- Physical development
- Mathematical development
- Creative development
- Language development
- Knowledge and Understanding of the World
- Personal, Social and Emotional development

We know that children who have play clothes on are much more inclined to take part in messy play as they are not worried about their clothes getting dirty. Please make sure that your child comes to play in our centre with clothes on that you don't mind getting muddy, dirty or painted so that they can benefit from the learning and fun that takes place during messy play.

We are a nut free Centre





Nut Free

Please ensure that your child's lunch does not contain any nut products including peanut butter. We are a nut free centre to ensure that we are keeping children and staff with nut allergies safe.

Dates for your Diary

Thursday 11th March
Friday 19th March

Monday 29th March

Friday 2nd April
Monday 5th April

Wear your pyjamas!
Downs Syndrome Awareness Day. Wear odd socks!
£1 donation
Easter Fun Week begins! Easter hats can be worn!
Easter Egg Hunts
Easter Craft Bags come home.
Centre is closed.
Centre is closed.

kindest regards,
 Sharon McKenna,
 Head teacher



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<https://blogs.glowscotland.org.uk/er/cartmill/blog/>

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EXPRESSIVE ARTS, OUTDOOR LEARNING

THIS WEEKS TODDLER
ADVENTURES 😊

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