**Not getting upset when I have make a mistake / I don’t get full marks**

??? I try to work hard in school and always do my best.

I get upset when I make a mistake or I don’t get full marks in my work.

Everybody makes mistakes. It’s OK to make mistakes. Mistakes are how we learn.

When I make a mistake, I will try to remember that it helps me to learn. I will talk to ??? about how I feel.

This will mean I will feel happier in school and I will learn from my mistakes.