Interrupting

"Hey guys! I gotta tell you..."

"I was *so* embarrassed – but I guess the story is pretty funny when you think about it...."
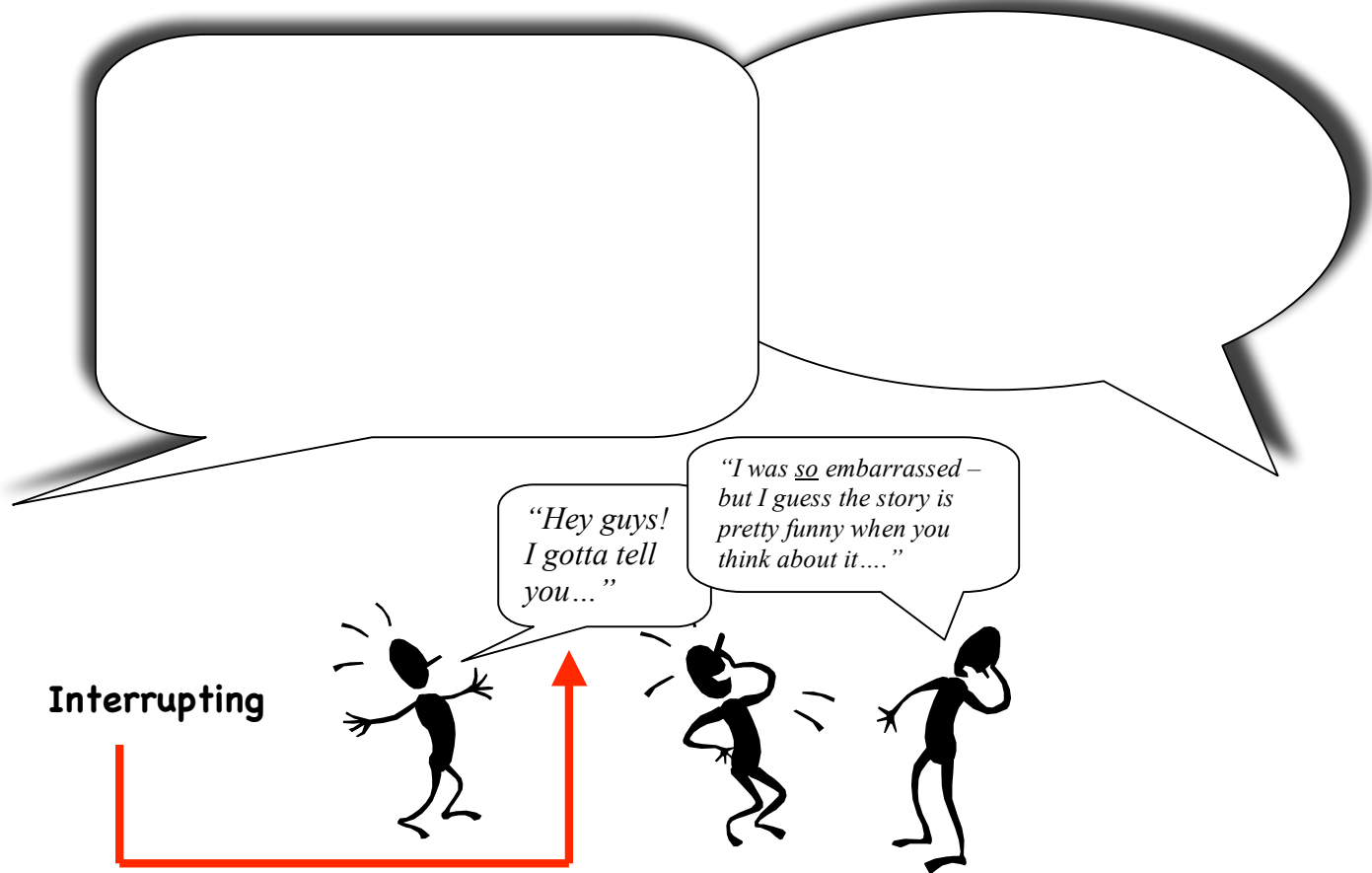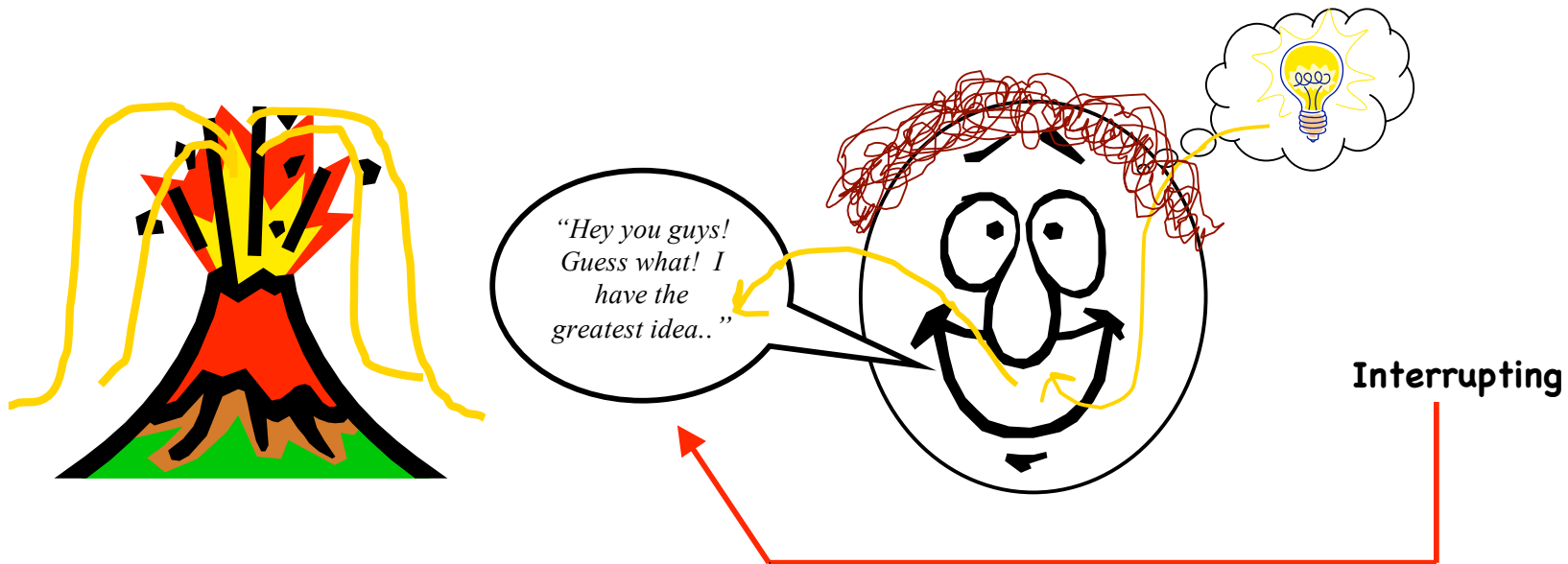
Interrupting

<u>Interrupting</u> or <u>"Blurting out"</u>:

Interrupting is like a volcano erupting! Your mouth is "erupting" WORDS! An idea slides down from your brain into your mouth. The words push against your teeth and the words fall out in a talking bubble. This is called interrupting or "blurting out".

"Hey you guys! Guess what! I have the greatest idea.."

Interrupting

Interrupting and Blurting out are a little bit different.

INTERRUPTING

Talking when other people are already talking.

Happens in a small group conversation.

A person talks at the same time as others are talking in a group.

"I've been looking all over for you guys!"

"and then I told him...."

He just interrupted us!
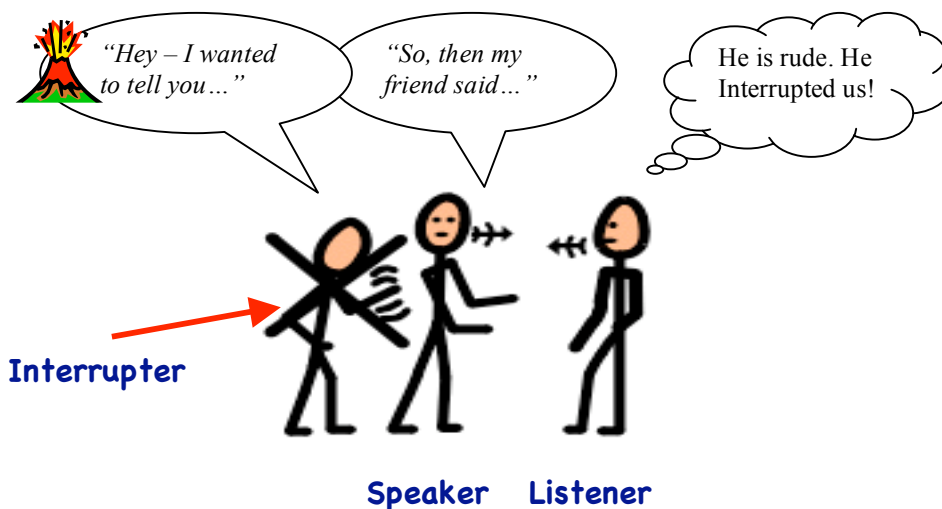
Interrupting
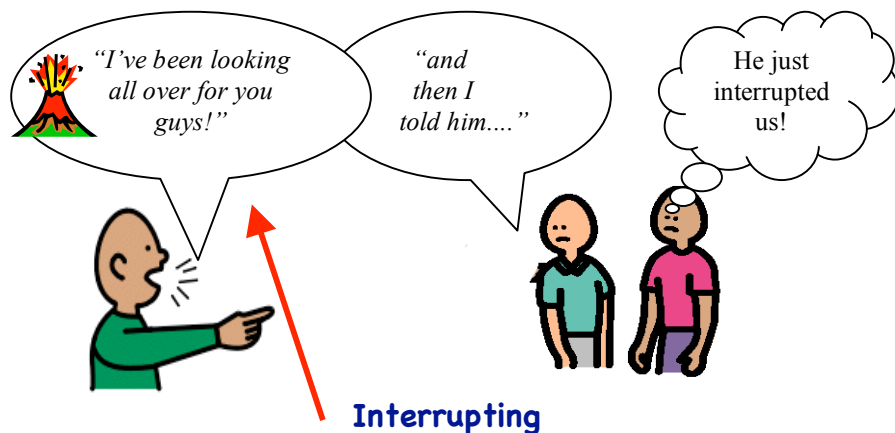
BLURTING OUT

Talking without raising your hand in a large group or class

In a large group, one person talks most of the time. This person controls who gets a turn to talk. You have to signal if you want a turn, by raising your hand. If you just speak, without raising your hand, this is called, "blurting out."

"My Dad says I'm a math whiz!"

This is an addition math problem…

Blurting Out
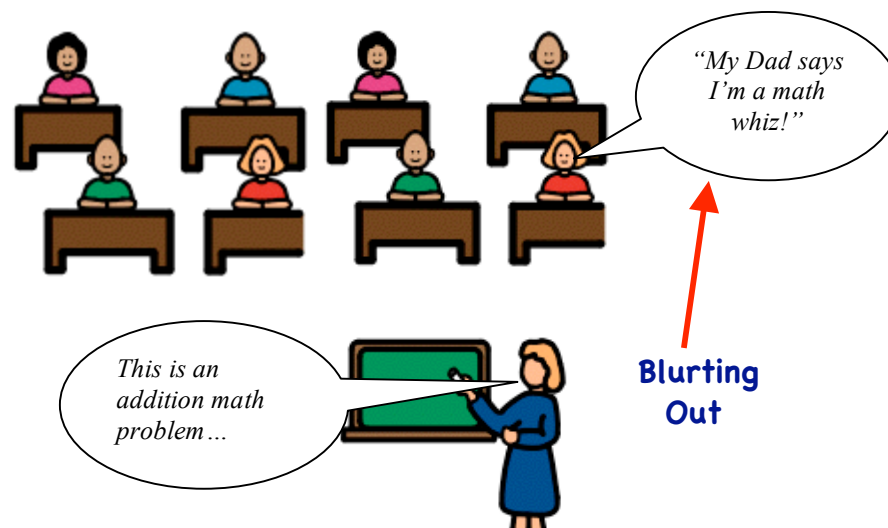
People do not like it when a person blurts out or interrupts.

An important rule for talking is that <u>people take turns</u>. Only <u>one</u> person should be talking at a time. If too many people are talking, it is hard for people to understand the conversation. In a classroom, there is another rule. The teacher talks most of the time. The teacher decides when students talk and when students listen. If this rule breaks, it is called interrupting or blurting out.

"Hey – I wanted to tell you…"

"So, then my friend said…"

He is rude. He Interrupted us!

Interrupter

Speaker   **Listener**

The Interrupter feels:
- Afraid he will forget his idea
- Worried that he won't get a talking turn
- Social filter is off

The Speaker feels:
- Mad that someone took his talking turn away
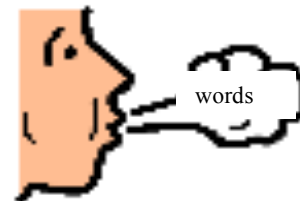- Frustrated that he might not finish what he is saying

The Listener feels:
- The person who interrupted is rude with poor manners
- Upset he can't hear the speaker

Here is one idea to control interrupting or blurting out:
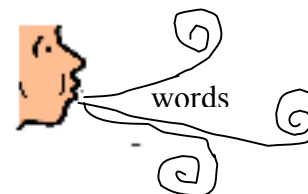
1. Stop

2. Take a deep breath and pretend to breathe out your words into the air.
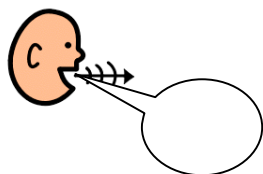
3. Wait for your talking turn. Imagine your words hanging around in a little cloud outside of your mouth.

4. Take a deep breath – imagine breathing your words back in your mouth.

5. Talk. ☺

Activities to accompany the book: <u>My Mouth is a Volcano</u> by Julia Cook, (2005), CTC Publishing
Visuals created by: Jill D. Kuzma, (2008)