

Our Ref: SG/WI
Your Ref:
Contact: Mrs S Gibson
Tel: 0141 577 2500
Email: schoolmail@williamwood.e-renfrew.sch.uk
Date: 6th August 2020



Department of Education
Williamwood High School
Head Teacher: William Inglis MA (Hons)
Eaglesham Road, Clarkston,
East Renfrewshire
G76 8RF

Dear Parent,

As you will be aware, we have a number of young people at school who suffer from serious allergies, most commonly to nuts, but also to a range of other allergens. One of our pupils has a particularly serious airborne allergy to nuts, kiwi fruit and latex.

People who suffer from allergies can develop a severe, potentially life-threatening allergic reaction. If someone has a serious airborne allergy to nuts, it is not only eating nuts that can cause an anaphylactic reaction; just being touched on the skin or smelling the breath of someone who has eaten nuts (or a product containing nuts) can trigger anaphylactic shock which can result in breathing and swallowing difficulties.

First aid staff in the school are trained in the use of the epi-pens (an injection of adrenalin) which must be administered urgently in the event of anaphylaxis; however to minimise the risk to pupils, we can no longer allow nuts or kiwi fruit in school in any form. I would ask you, therefore, to ensure that your child brings no nut products or kiwi fruit in lunch boxes or as snacks. Examples of foods that should be avoided are:

- peanut butter sandwiches
- chocolate spreads
- cereal bars
- some granola bars
- cakes that contain nuts
- biscuits / cookies that contain nuts
- Snickers bars and similar
- peanut butter cakes
- satay sauces
- kiwi fruit

This list is obviously not exhaustive, so please check the packaging of products closely.

This is a life-threatening condition, and your support is greatly appreciated. I know that you will understand the importance of making Williamwood a nut and kiwi free school.

I will speak to pupils in more detail early in the session to remind them of our policy on this. In the meantime, if you have any questions, please do not hesitate to speak to me.

Yours faithfully

Shirley Gibson
Depute Head Teacher and Child Protection Coordinator



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