





The Headlines



A prestigious, internationally recognized award for young people.

Offered at three levels: Bronze, Silver, Gold.

Offered by the school at Bronze level in S3.



The Structure of the Award

Shirley Gibson (DHT)

Overall management of the award.

Jen Kerr

(Maths)

Electronic Profile

bronze

Shirley Gibson
(DHT)

Bronze/Silver/Gold
Expeditions

Louise McNally
(Maths)

Electronic Profile
silver

Lochgoilhead Outdoor Centre and WWHS staff



Requirements.



- Skill
- Service
- Physical Recreation
- Expedition



Time Line

Skill, Volunteering and Physical Recreation

Two of these: 1 Hour a week for 3 Months

One of these: 1 Hour a week for 6 Months

Expedition

Practice expedition 2 day, 1 night

Qualifying expedition 2 day, 1 night

Both take place at Lochgoilhead

Outdoor Centre



Physical, Skill and Volunteering.



- Can be something which you already do.
- Must be something you can progress in.
- Must be organised by you and done in your own time.
- Must be supervised by an appropriate adult.
- Cannot be something you are paid for.



Skill.

Music, horse riding, chess, computing, drama, fishing, creative writing, cooking, sewing, photography, languages and many, many other things.





THE DUKE OF EDINBURGH'S AWARD.

Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at [DofE.org/skills](https://www.dofe.org/skills) and there is a range of exciting opportunities to help you complete this section at [DofE.org/finder](https://www.dofe.org/finder).

Performance arts

- ☐ Ballet appreciation
- ☐ Ceremonial drill
- ☐ Circus skills
- ☐ Conjuring & magic
- ☐ Majorettes
- ☐ Puppetry
- ☐ Singing
- ☐ Speech & drama
- ☐ Theatre appreciation
- ☐ Ventriloquism
- ☐ Yoyo extreme

Science & technology

- ☐ Aerodynamics
- ☐ Anatomy
- ☐ App design
- ☐ Astronomy
- ☐ Biology
- ☐ Botany
- ☐ Chemistry
- ☐ Coding/ programming
- ☐ Ecology
- ☐ Electronics
- ☐ Engineering
- ☐ Entomology
- ☐ IT
- ☐ Marine biology
- ☐ Oceanography
- ☐ Paleontology

- ☐ Physics
- ☐ Rocket making
- ☐ Taxonomy
- ☐ Weather/meteorology
- ☐ Website design
- ☐ Zoology

Care of animals

- ☐ Agriculture (keeping livestock)
- ☐ Aquarium keeping
- ☐ Beekeeping
- ☐ Caring for reptiles
- ☐ Dog training & handling
- ☐ Horse/donkey/llama/alpaca handling & care
- ☐ Looking after birds (i.e. budgies & canaries)
- ☐ Pet care – health/training/ maintenance
- ☐ Pigeon breeding & racing

Music

- ☐ Church bell ringing
- ☐ Composing
- ☐ DJing
- ☐ Evaluating music & musical performances
- ☐ Improvising melodies
- ☐ Listening to, analysing & describing music

It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

- ☐ Music appreciation
- ☐ Playing a musical instrument
- ☐ Playing in a band
- ☐ Reading & notating music
- ☐ Understanding music in relation to history & culture

Natural world

- ☐ Agriculture
- ☐ Conservation
- ☐ Forestry
- ☐ Gardening
- ☐ Groundsmanship
- ☐ Growing carnivorous plants
- ☐ Plant growing
- ☐ Snail farming
- ☐ Vegetable growing

Games & recreation

- ☐ Cards (i.e. bridge)
- ☐ Chess
- ☐ Clay target shooting
- ☐ Coxing
- ☐ Cycle maintenance
- ☐ Darts
- ☐ Dominoes
- ☐ Fishing/fly fishing
- ☐ Flying
- ☐ Gliding
- ☐ Go-karting

continued over...



Physical.

Extreme sports, racquet sports, fitness,
team sports, individual sports.





Volunteering.

Community action and awareness raising, helping a charity or community organisation, coaching teaching and training, working with the environment or animals, helping people.

You cannot volunteer to help in a business.

For example: child care, working with elderly people, first aid, helping children, fund raising, working with people with special needs, Boy's / Girl's Brigade, life saving, road safety





THE DUKE OF EDINBURGH'S AWARD.

Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at DofE.org/volunteering and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Volunteering gives you the chance to make a difference

to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see DofE.org/volunteering for the requirements).

Helping people

- ☐ Helping children
- ☐ Helping children to read in libraries
- ☐ Helping in medical services e.g. Hospitals
- ☐ Helping older people
- ☐ Helping people in need
- ☐ Helping people with special needs
- ☐ Tutoring
- ☐ Young carer
- ☐ Youth work

Community action & raising awareness

- ☐ Campaigning
- ☐ Cyber safety
- ☐ Council representation
- ☐ Drug & alcohol education
- ☐ Home accident prevention
- ☐ Neighbourhood watch
- ☐ Peer education
- ☐ Personal safety
- ☐ Promotion & PR
- ☐ Road safety

Working with the environment or animals

- ☐ Animal welfare
- ☐ Environment
- ☐ Rural conservation
- ☐ Preserving waterways
- ☐ Working at an animal rescue centre
- ☐ Litter picking
- ☐ Urban conservation
- ☐ Beach and coastline conservation
- ☐ Zoo/farm/nature reserve work

Helping a charity or community organisation

- ☐ Administration
- ☐ Being a charity intern
- ☐ Being a volunteer lifeguard
- ☐ Event management
- ☐ Fundraising
- ☐ Mountain rescue
- ☐ Religious education
- ☐ Serving a faith community
- ☐ Supporting a charity
- ☐ Working in a charity shop

Coaching, teaching and leadership

- ☐ Dance leadership
- ☐ DofE Leadership
- ☐ Group leadership
- ☐ Head student
- ☐ Leading a voluntary organisation group
 - Girls' Venture Corps
 - Sea Cadets
 - Air Cadets
 - Jewish Lads' and Girls' Brigade
 - St John Ambulance
 - Scout Association
 - Air Training Corps
 - Army Cadet Force
 - Boys' Brigade
 - CCF
 - Church Lads' & Girls' Brigade
 - Girlguiding UK
 - Girls' Brigade
- ☐ Sports leadership
- ☐ Music tuition



Further information or
ideas can be obtained
from the website at:

www.dofe.org



Training and Expedition dates

- Training Day 1 24 October 2019
- Training Day 2 19 March 2020
- Training Day 3 04 May 2020
- Electronic Profile Training- Wednesday after school
- Girls :05-06 May 2020 and 03-04 June 2020
- Boys: 18-19 May 2020 and 11-12 June 2020

Bronze eDofE Calendar

	Group A (girls)	Group B (boys)
Wednesdays 2.45 - 3.30pm, Library		
18/09/2019	eDofE Session 1	
25/09/2019		eDofE Session 1
11/10/2019	<i>Objectives signed off</i>	
04/12/2019	eDofE Session 2	
11/12/2019		eDofE Session 2
19/02/2020	eDofE Session 3	
04/03/2020		eDofE Session 3
22/04/2020	eDofE Session 4	
29/04/2020		eDofE Session 4
07/05/2020		
18/05/2020		
29/05/2020	<i>Skills, Volunteering, Physical signed off</i>	
03/06/2020		
11/06/2020		
22/06/2020	Presentations	
26/06/2020	<i>Expedition signed off</i>	