VEGETABLE SOUP - BETWEEN FOUR

Ingredients

2x 500mls Water

1 Stock cube

½ Onion

1 Carrot

50gms Turnip

12gms Rice

Pinch Salt and Pepper

Method

- 1. Collect all ingredients.
- 2. Place water in pan, add stock cube and boil.
- 3. Peel and chop onion.
- 4. Peel and dice carrot.
- 5. Peel and dice turnip.
- 5. Remove pan from heat carefully and add vegetables and rice. Cover with lid.
- 6. Bring to boil then simmer soup for 30 minutes.
- 8. Serve.

