

Design and Make Activity



Step 1. Design Brief

A design brief provides clues to help you be creative and design a product to meet someone's needs or a particular purpose.

Lunch Brief

In your group, design and make a healthy two course lunch.
You will be inviting a friend who is.....

Underline the six most important words in the brief that give clues about **what you need to consider** when designing your product.
Write them in the table below.

Next to each of the words, explain what this means to you and the dish you are designing.

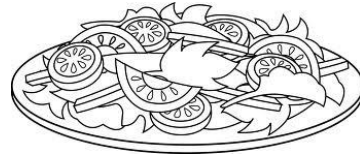
Key words in the brief	Explain what this means to you and the dish you are designing
1	
2	
3	
4	
5	
6	

Step 2. Specification

Now you must write a specification for the dishes you will make. This is a description of what your finished dishes will be like.

My dish should be

1. e.g. Healthy
- 2.
- 3.
- 4.



Step 3. Research / Investigations

1. Using your knowledge of the Eatwell Guide list healthy ingredients that could be included in your dishes.

2. From the healthy ingredients you have identified find out which ones are most suited to your invited friend's needs.

3. Identify the skills that you have to make the dish within a 50 minute period.

Step 4. Solution

The dishes that will be made are.....

Because.....

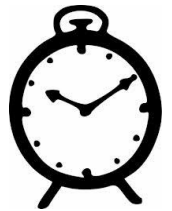


Step 5. Food Order



Complete a food order for the ingredients you will need to make your chosen dish:

Food Order	Name:
Ingredient	Quantity



Step 6. Manufacture

You must now plan how you are going to make the dish by making a time plan

Time plan	
Time	Plan of work

Step 7. Evaluation



Once you have made the dishes, evaluate the appearance, texture and flavour of each and state why you feel it would appeal to your chosen friend.

Name of Dish:	Comments:	Rating out of 5
Appearance		
Texture		
Flavour		
Why this dish would appeal to your friend		

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Appearance		
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