



east renfrewshire
CULTURE
and
LEISURE

ACTIVE SCHOOLS CPD COURSES 2019/20

COURSE TITLE
ORGANISER
DATE/TIME
SECTOR
VENUE
TO BOOK

Dance -
Introductory
Workshop

Chris Rose,
rosec@ea.e-
renfrew.sch.uk

Monday 13th and 20th
January
4-5pm (Participants
Required to attend
both)

Teachers, Volunteers,
Dance Leaders
working
with primary aged
pupils.

Barrhead High
School

Book on CPD
Manager
or contact the
course organiser

School Sport
Award

Gary
McGunnigle
Gary.mcgunnigle@ea.e-
renfrew.sch.uk

Monday 13th
January 4-5pm

Primary and
Secondary Staff

St. John's ERCL
Campus

Book on CPD
Manager
or contact the
course organiser

Introduction to
Multi-Skills
Course

Chris Rose
rosec@ea.e-
Renfrew.sch.uk

Tuesday 14th January
4 – 7pm

Teachers, Coaches,
Volunteers and
Sports Leaders
working with Primary
aged Children

Barrhead High
School

Book on CPD
Manager
or contact the
course organiser

Athletics – Run,
Jump and Throw
for Primary
Teachers

Chris Rose
rosec@ea.e-
renfrew.sch.uk

Thursday 16th
January
4:00 – 6:30pm

Primary Teachers

Barrhead High
School

Book on CPD
Manager
or contact the
course organiser

Rugby

Brandon Wamberg
Brandon.wamberg@ea.
e-renfrew.sch.uk

Thursday 23rd January
4:00 – 5:30pm

Primary Teachers,
Volunteers, Coaches,
Sports Leaders

Eastwood High
School
(Indoors)

Book on CPD
Manager
or contact the
course organiser

Football

Chris Rose
rosec@ea.e-
renfrew.sch.uk

Tuesday 21st January
4:00 – 5:30pm

Primary Teachers,
Volunteers, Coaches,
Sports Leaders

TBC

Book on CPD
Manager
or contact the
course organiser

Dance – Introductory Workshop: This workshop will be delivered by Holly McLellan from The McLellan Dance and Arts Academy. It will consist of 2 x 1 hour sessions split over two weeks. It will provide practical content and ideas for delivering dance in primary schools. The aim is to increase confidence and knowledge to run an extra-curricular dance club. The Active Schools Dance Championships are in March so this may help you prepare for that too.

School Sport Award: Guidance and advice on completion of INITIAL School Sport award application form.

Introduction to Multi-Skills Course: This 3 hour course is designed by Sportscotland and is aimed at coaches, teachers, volunteers or leaders working with children. The course has been created to provide candidates with the following:

- An understanding of key principles that influence all-round development of the basic movement skills and physical literacy.
- An understanding of an holistic approach to child development and the development of the whole child through sport.
- An understanding of how to develop basic multi-skills.

For more info, go to:

<https://sportscotland.org.uk/coaching/cpd-and-training/multi-skills/>

Athletics – Run, Jump and Throw for Primary Teachers - This New Run, Jump, Throw course will support teachers in delivering athletics activities in an inclusive, exciting and engaging manner. The first 10 schools that sign up and attend will receive a fantastic free resource pack for their school. Within this resource teachers will find 3 Teaching Sections: ages 5 – 7 years, ages 7 – 9 years and ages 9 – 12 years. Within each of the three Teaching Sections teachers will find:

- Two examples of Schemes of Work
- Two blocks of six-week Lesson Plans
- Over 20 Activity Cards covering progressions of running, jumping and throwing activities

Rugby - Practical content and ideas for delivering rugby skills in the primary school. The aim is to increase teacher confidence and knowledge.

Football - Practical content for use in PE lessons and/or out of school activity clubs based around football skills.

For school staff, courses are available to book via CPD Manager. Alternatively, you can contact the course organiser to book a place. More courses may be organised for later in the school year. If you have any questions regarding the CPD programme, please contact Chris Rose (rosec@ea.e-renfrew.sch.uk) or speak to your Active Schools Coordinator.