



east renfrewshire
CULTURE
and **LEISURE**

ACTIVE SCHOOLS CPD COURSES 2019/20

COURSE TITLE	ORGANISER	DATE/TIME	SECTOR	VENUE	TO BOOK
Dance - Introductory Workshop	Chris Rose, rosec@ea.e-renfrew.sch.uk	Monday 13th and 20th January 4-5pm (Participants Required to attend both)	Teachers, Volunteers, Dance Leaders working with primary aged pupils.	Barrhead High School	Book on CPD Manager or contact the course organiser
School Sport Award	Gary McGunnigle Gary.mcgunnigle@ea.e-renfrew.sch.uk	Monday 13th January 4-5pm	Primary and Secondary Staff	St. John's ERCL Campus	Book on CPD Manager or contact the course organiser
Introduction to Multi-Skills Course	Chris Rose rosec@ea.e-Renfrew.sch.uk	Tuesday 14th January 4 – 7pm	Teachers, Coaches, Volunteers and Sports Leaders working with Primary aged Children	Barrhead High School	Book on CPD Manager or contact the course organiser
Athletics – Run, Jump and Throw for Primary Teachers	Chris Rose rosec@ea.e-renfrew.sch.uk	Thursday 16th January 4:00 – 6:30pm	Primary Teachers	Barrhead High School	Book on CPD Manager or contact the course organiser
Rugby	Brandon Wamberg Brandon.wamberg@ea.e-renfrew.sch.uk	Thursday 23rd January 4:00 – 5:30pm	Primary Teachers, Volunteers, Coaches, Sports Leaders	Eastwood High School (Indoors)	Book on CPD Manager or contact the course organiser
Football	Chris Rose rosec@ea.e-renfrew.sch.uk	Tuesday 21st January 4:00 – 5:30pm	Primary Teachers, Volunteers, Coaches, Sports Leaders	TBC	Book on CPD Manager or contact the course organiser

Dance – Introductory Workshop: This workshop will be delivered by Holly McLellan from The McLellan Dance and Arts Academy. It will consist of 2 x 1 hour sessions split over two weeks. It will provide practical content and ideas for delivering dance in primary schools. The aim is to increase confidence and knowledge to run an extra-curricular dance club. The Active Schools Dance Championships are in March so this may help you prepare for that too.

School Sport Award: Guidance and advice on completion of INITIAL School Sport award application form.

Introduction to Multi-Skills Course: This 3 hour course is designed by Sportscotland and is aimed at coaches, teachers, volunteers or leaders working with children. The course has been created to provide candidates with the following:

- An understanding of key principles that influence all-round development of the basic movement skills and physical literacy.
- An understanding of an holistic approach to child development and the development of the whole child through sport.
- An understanding of how to develop basic multi-skills.

For more info, go to:

<https://sportscotland.org.uk/coaching/cpd-and-training/multi-skills/>

Athletics – Run, Jump and Throw for Primary Teachers - This New Run, Jump, Throw course will support teachers in delivering athletics activities in an inclusive, exciting and engaging manner. The first 10 schools that sign up and attend will receive a fantastic free resource pack for their school. Within this resource teachers will find 3 Teaching Sections: ages 5 – 7 years, ages 7 – 9 years and ages 9 – 12 years. Within each of the three Teaching Sections teachers will find:

- Two examples of Schemes of Work
- Two blocks of six-week Lesson Plans
- Over 20 Activity Cards covering progressions of running, jumping and throwing activities

Rugby - Practical content and ideas for delivering rugby skills in the primary school. The aim is to increase teacher confidence and knowledge.

Football - Practical content for use in PE lessons and/or out of school activity clubs based around football skills.

For school staff, courses are available to book via CPD Manager. Alternatively, you can contact the course organiser to book a place. More courses may be organised for later in the school year. If you have any questions regarding the CPD programme, please contact Chris Rose (rosec@ea.e-renfrew.sch.uk) or speak to your Active Schools Coordinator.