PRIMARY 1 to 3 SCHOOL LUNCH MENU

<u>2017</u>

WEEK1 17/04/2017,08/05,29/05 19/06,14/08,04/09,25/09	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Fish Goujons and Chips Garden Peas (F)	Chicken Korma with Rice & Spiced Onions (C)	Macaroni Cheese with Garlic bread Shredded lettuce (V)	Steak Pie New Potatoes With Fresh Cabbage (B)	Cous Cous With BBQ Chicken Breast Salad (C)
OPTION	Tomato Pasta with Mozzarella Cheese Sweetcorn (V)	Noodles and Quorn Dippers with Sweet & Sour Sauce (V)	Chicken Bites with Herby Diced Potatoes Roasted Veg (C)	Cheese & Tomato Pizza with Homemade Coleslaw (V)	Smoked Bratwurst in a Sub Roll with Sautéed Onions & Tomato Relish (P)
OPTION 3	Egg Sandwich with Sliced Cucumber (V)	British Ham Baguette with Sliced Tomato (P)	Tuna Mayo Toastie and Tossed Salad (F)	Quorn Bolognaise served with Baked Potato and Seasonal Vegetables (V)	Quorn Burger in a Warm Bun with Tomato Relish (V)
DESSERT	Fruit Platter and Soup of the day	Fruit platter and Yoghurt	Fruit platter and Soup of the day	Fruit platter and Summer Fruit Muffin Slice	Fruit Platter and Soup of the day

WEEK 2, 24/04/2017,15/05,05/06,26/06,21/08 11/09, 02/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meatball in a Tomato Sauce with Spaghetti Sweet Corn (C)	Savoury Minced Beef with Mashed Potatoes Fresh Carrots (B)	Homemade Sausage Rolls with Mashed Potatoes Garden Peas (P)	Red Tractor Roast Chicken Curry with Wild Rice Spiced Onions (C)	Salmon served with Oriental Veg Noodle Salad Box (F)
OPTION 2	Cheese & Tomato Pizza with Shredded Lettuce Grated Carrot (V)	Tandoori Chicken Bites served in a Warm Wrap with Crunchy Salad (C)	Mexican Chicken and Roast Peppers with Pitta Pocket (C)	Tomato and mozzarella pasta with Roasted Vegetables (V)	Quorn Hot Dog in a Finger Roll with Crudities (V)
OPTION 3	Tuna Mayonnaise Baguette with Sliced Cucumber (F)	Cheese Toastie with Homemade Coleslaw (V)	Free Range Egg Mayonnaise Baguette with Salad (V)	Baked Potato with British Ham & Grated Cheese served with Crunchy Coleslaw (P)	British Beef Burger in a Burger Bun with Crudities (B)
DESSERT	Fruit Platter and Shortbread	Fruit platter and Soup of the Day	Fruit platter and Yoghurt	Fruit platter and Soup of the Day	Fruit Platter and Lemon Drizzle Cake

WEEK 3 01/05/2017,22/05,12/06 28/08,18/09,09/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tandoori Chicken with a	Red Tractor Creamy Chicken Pie	Steak Beef Sausages in	Macaroni Cheese with	Red Tractor Roast Chicken
OPTION 1	Tortilla Wrap and Tossed Salad (C)	served with New Potatoes Fresh Broccoli (C)	Onion Gravy with Mashed Potatoes Fresh Carrots (B)	Herb Bread Sliced Tomato (V)	Mild Curried Rice Box (C)
OPTION 2					
	Tuna Mayo Pasta Salad with Diced Cucumber Sweetcorn (F)	Fish Goujons Herby Diced Potatoes served with Roasted Vegetables (F)	Cheese & Tomato Pizza served with Tossed Salad Crunchy Coleslaw (V)	Sweet Chilli Chicken Breast served in a Warm Bun with Mango Mayo (C)	Bratwurst Sausage in a Finger Roll with Tomato Relish (B)
OPTION 3	Cheese Toastie served with Crunchy Coleslaw (V)	Double Cheese Panini served with Shredded Lettuce (V)	Ham Sandwich served with Cherry Tomatoes (P)	Baked Potato served with Flaked Tuna Mayonnaise and Sliced Cucumber (F)	Quorn Burger in a Warm Bun served with Crudities (C)
DESSERT	Fruit Platter and Ice Cream of the following options:	Fruit platter And Othello Biscuit	Fruit platter and Soup of the day	Fruit Platter or Cocoa & Beetroot Muffin Slice	Fruit platter and Soup of the day

All meals include each of the following options:

- Freshly made soup of the day or dessert
- Drink option including :Plain milk, water, Fruit juice
- Bread Basket
- Crudity platter with mixed peppers, baby corn & carrot batons

Allergies

Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.