|  |  |  |  |
| --- | --- | --- | --- |
| **Traditional Tastes 2015** | | | |
|  | WEEK ONE  19/10, 09/11, 30/11, 21/12, 04/01, 25/01, 15/02, 07/03,28/03, 31/8, 21/9 | WEEK TWO  26/10, 16/11, 07/12, 11/01,  01/02, 22/02, 14/03, | WEEK THREE  02/11, 23/11, 14/12, 18/01, 08/02, 29/02, 21/03 |
| **MONDAY** | Sausages and onion gravy with creamy mash and seasonal veg  (P)  \*\*\*\*\*  Frozen Yoghurt  or  Fruit Platter | Piri Piri Chicken with citrus cous cous and roasted veg  (C)  \*\*\*\*\*  Rowan Glen Yoghurt  or  Fruit Platter | Family Favourite Breaded Fish  served with  Chips  and  Garden Peas  (F)  \*\*\*\*\*  Ice cream  or  Fruit Platter |
| **TUESDAY** | Creamy chicken Pie  with  New Potatoes  and  Diced Carrot  (C)  \*\*\*\*\*  Iced Sponge  or  Fruit platter | Macaroni cheese  served with  garlic bread  and  Garden Peas  (B)  \*\*\*\*\*  Raspberry Flan  or  Fruit Platter | Chicken curry with wild rice & seasonal Vegetables  (C)  \*\*\*\*\*  Melting Moments  or  Fruit Platter |
| **WEDNESDAY** | Beef Lasagne with tossed salad and coleslaw  (B)  \*\*\*\*\*  Oaty Biscuit  or  Fruit platter | Steak and sausage pie  and  new potatoes  and  fresh cabbage  (B)  \*\*\*\*\*  Shortbread  or  Fruit Platter | Pasta  in a  Creamy Cheese Sauce  served with  Tomato salad  and  Garlic Bread  (V)  \*\*\*\*\*  Toffee sponge  or  Fruit Platter |
| **THURSDAY** | Chilli with wild rice and  Seasoned Veg  (B)  \*\*\*\*\*  Caramel Cups  or  Fruit Platter | Chicken tikka masala  served with  wild rice and broccoli  (C)  \*\*\*\*\*  Fruit Crumble and Custard  or  Fruit Platter | Beef Bolognaise  accompanied with  Fusilli Pasta  and  Seasonal Vegetables  (B)  \*\*\*\*\*  Krispie Cake  or  Fruit Platter |
| **FRIDAY** | Family Favourite Breaded Fish  served with  Chips  and  Garden Peas  (F)  \*\*\*\*\*\*  Ice Cream  or  Fruit Platter | Steamed Salmon Fillets  with  Sweet chilli Noodles  and  roasted vegetables    (F)  \*\*\*\*\*\*  Frozen Yoghurt  or  Fruit Platter | Homemade sausage rolls with baked Beans  (P)  \*\*\*\*\*  Rowan Glen Yoghurt  or  Fruit Platter |

|  |  |
| --- | --- |
| **HALAL THEME MEALS OFFERED DAILY**  **Includes dessert of the day** | |
| TASTE OF ASIA  Offered every Monday | Choka Naan or Cous Cous  With  Tandoori Bites/Quorn Bites  And  Spiced Onions |
| CAFÉ DAY  Offered every  Tuesday | Paninis or Jacket Potato  Filled with a choice of Cheese or Tuna Mayo  Served with Crunchy Salad |
| DELI BAR  Offered every Wednesday | Sub roll filled with   * Hot Spicy Chicken * BBQ Meatballs * BBQ Quorn Pieces   Served with shredded lettuce |
| ITALIMANIA  Offered every Thursday | Cheese and Tomato Pizza  or  Tomato and Mozzarella Pasta  Choose additional toppings   * Sliced Ham * Roasted vegetables   Served with garlic bread and salad |
| SNACK SENSATION  Offered every Friday | Hot Filled Roll   * British Beef Burger * Quorn Frankfurter * Ham or Cheese Salad |

|  |
| --- |
| **HALAL FILLING STATION OFFERED DAILY**  **Includes dessert of the day** |
| **Choose from**  **Wholemeal baguette, Sliced Bread** |
| **Filling options**  **Cheese, Sliced Ham Tuna and free range mayonnaise** |

All meals include each of the following options:

* Freshly made soup of the day or starter
* Drink option including :Plain milk, water, assorted fruit juice, flavoured milk or aqua 67
* Bread Basket
* Crudity platter

Allergies

* Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.