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| **Traditional Tastes 2015** |
|  | WEEK ONE19/10, 09/11, 30/11, 21/12, 04/01, 25/01, 15/02, 07/03,28/03, 31/8, 21/9 | WEEK TWO26/10, 16/11, 07/12, 11/01, 01/02, 22/02, 14/03,  | WEEK THREE02/11, 23/11, 14/12, 18/01, 08/02, 29/02, 21/03 |
| **MONDAY** | Sausages and onion gravy with creamy mash and seasonal veg(P) \*\*\*\*\*Frozen Yoghurt or Fruit Platter | Piri Piri Chicken with citrus cous cous and roasted veg(C)\*\*\*\*\*Rowan Glen YoghurtorFruit Platter | Family Favourite Breaded Fish served withChips and Garden Peas(F)\*\*\*\*\*Ice creamorFruit Platter |
| **TUESDAY** | Creamy chicken Pie with New Potatoes and Diced Carrot (C)\*\*\*\*\*Iced Spongeor Fruit platter | Macaroni cheese served with garlic bread and Garden Peas (B)\*\*\*\*\*Raspberry Flan orFruit Platter | Chicken curry with wild rice & seasonal Vegetables(C) \*\*\*\*\*Melting MomentsorFruit Platter |
| **WEDNESDAY**  | Beef Lasagne with tossed salad and coleslaw (B)\*\*\*\*\*Oaty Biscuit orFruit platter | Steak and sausage pie andnew potatoesandfresh cabbage(B)\*\*\*\*\*ShortbreadorFruit Platter | Pasta in a Creamy Cheese Sauce served with Tomato salad and Garlic Bread (V)\*\*\*\*\*Toffee spongeor Fruit Platter |
| **THURSDAY** | Chilli with wild rice and Seasoned Veg (B)\*\*\*\*\*Caramel Cupsor Fruit Platter | Chicken tikka masalaserved withwild rice and broccoli(C)\*\*\*\*\*Fruit Crumble and CustardorFruit Platter | Beef Bolognaiseaccompanied withFusilli PastaandSeasonal Vegetables(B)\*\*\*\*\*Krispie CakeorFruit Platter |
| **FRIDAY** | Family Favourite Breaded Fish served withChips and Garden Peas (F)\*\*\*\*\*\*Ice Cream orFruit Platter | Steamed Salmon Filletswith Sweet chilli Noodles and roasted vegetables (F)\*\*\*\*\*\*Frozen Yoghurt or Fruit Platter | Homemade sausage rolls with baked Beans(P)\*\*\*\*\*Rowan Glen Yoghurtor Fruit Platter |

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| **HALAL THEME MEALS OFFERED DAILY** **Includes dessert of the day** |
| TASTE OF ASIAOffered every Monday | Choka Naan or Cous CousWithTandoori Bites/Quorn BitesAnd Spiced Onions |
| CAFÉ DAYOffered everyTuesday | Paninis or Jacket Potato Filled with a choice of Cheese or Tuna MayoServed with Crunchy Salad |
| DELI BAROffered every Wednesday | Sub roll filled with* Hot Spicy Chicken
* BBQ Meatballs
* BBQ Quorn Pieces

Served with shredded lettuce |
| ITALIMANIAOffered every Thursday | Cheese and Tomato Pizzaor Tomato and Mozzarella Pasta Choose additional toppings* Sliced Ham
* Roasted vegetables

Served with garlic bread and salad |
| SNACK SENSATIONOffered every Friday |  Hot Filled Roll * British Beef Burger
* Quorn Frankfurter
* Ham or Cheese Salad
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| **HALAL FILLING STATION OFFERED DAILY****Includes dessert of the day** |
| **Choose from****Wholemeal baguette, Sliced Bread** |
| **Filling options****Cheese, Sliced Ham Tuna and free range mayonnaise** |

All meals include each of the following options:

* Freshly made soup of the day or starter
* Drink option including :Plain milk, water, assorted fruit juice, flavoured milk or aqua 67
* Bread Basket
* Crudity platter

Allergies

* Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.